

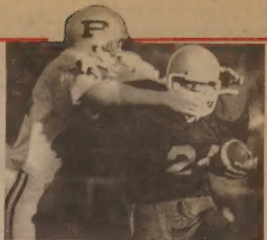


Senior center gets a new director  
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Electronic kids: Albany High gets new computer hardware

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Albany High's football fortunes are changing  
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# TIMES JOURNAL

Serving Albany - El Cerrito - Kensington - Thousand Oaks

ALBANY-EL CERRITO, CALIFORNIA, WEDNESDAY, NOVEMBER 10, 1982

★ NO 87

## ELECTION '82 / How we voted

### Albany, E.C. buck trends

By JUDY POLUMBAUM

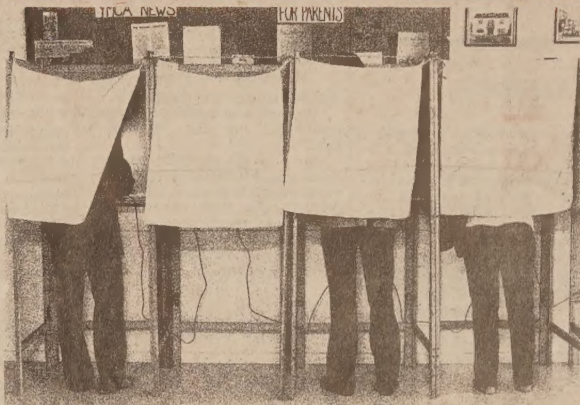
Albany and El Cerrito voters had their way, Tom Bradley would be the next chief executive of California and Jerry Brown would be going to Capitol Hill. Bucking the statewide trend which handed victories last week to Republicans George Deukmejian in the governor's race and Pete Wilson in the U.S. Senate contest, Albany and El Cerrito chose in favor of the Democratic candidates by wide margins.

Alameda County as a whole favored the Democratic candidates for governor and U.S. Senate, though Contra Costa County picked the winning Republicans.

Voter turnout was about 76 percent in El Cerrito, with 11,288 of the 14,763 registered voters going to the polls, while in Albany turnout was about 73 percent, with 6,018 of the 9,010 on the rolls casting ballots.

Local voters favored Bradley over Deukmejian 4,026 to 2,158 in Albany and 6,112 to 4,704 in El Cerrito, and Brown over Wilson 4,141 to 2,026 and 6,120 to 4,545 respectively, according to figures from the Alameda and Contra Costa county registrar's offices. Third-party candidates received less than 1 percent of the vote.

(Continued on Page 2)



### Kensington:

### Long wait to vote

### It was the same all over

By JUDY POLUMBAUM

KENSINGTON — Residents upset by backlogs at Kensington polls on election day may find some consolation in the fact that they are not alone.

County Registrar Lon Wood, who has taken hundreds of calls from irate citizens waiting to vote Nov. 2.

The county Board of Supervisors approved the registrar's budget by about \$100,000 for this fiscal year, and the registrar in turn cut the number of polling places, consolidating nearly 600 countywide into about 600, Wood explained.

Top of that was the extra-long lines and many voters took more than the prescribed five minutes to fill out their ballots.

Among the voters who found long lines at the polls last week were those waiting at the Kensington Youth Center.

There was hardly a respite all day, with lines of up to an hour and a half, waiting to poll inspector Pat

Wood. "I knew we were in trouble, and we only opened at 7," she said.

People in her precinct were waiting because they at least could wait in the car, she added.

She said poll workers allowed people — including some with babies and others who had to

get to work — to jump the line after consulting with others who were waiting.

Banks said she understands the financial strictures facing the county and does not blame the registrar for the tie-ups. "I have nothing but praise for the people who run the election from Martinez," she said.

Some voters were angered by the long line, however. Iva Jones, who said she arrived at the Youth Hut about 7 p.m. and didn't vote until 8:40, was still "mad as a hornet" three days later.

She suggested that in the future, more people may decide to vote by absentee ballot, which would cause more trouble and expense to the county.

Banks said about 650 people were on the roster to vote at the Youth Hut, about twice the number assigned to that site in previous elections; and turnout was high, about 77 percent.

"Not everyone cared about the same parts of the ballot, but an awful lot of people cared about something," she commented.

Despite the increased load, there were still only four voting booths, the same as in prior elections.

Underwood explained that the booths come in units of four and the Registrar didn't have enough extra units to distribute them equitably to all precincts in the county.

"Do I give them to the pure white neighborhoods? Do I give them to the poor black neighborhoods? How do you decide?" he said. "You have to treat the voters equally."

He emphasized that he does not

(Continued on Page 2)

## Hard times hit city funds

### Albany robs Peter, pays Paul

By JUDY POLUMBAUM

ALBANY — What used to be abstract discussions about impending financial difficulties are starting to emerge as hard figures on the city's balance sheet, Administrative Officer William Haden said Monday.

As of Oct. 31, Albany had \$111,000 less in its treasury than it did at the same time last year, Haden pointed out at the weekly City Council meeting.

He said this was a result of economic hard times and lack of state bail-out funds for this fiscal year. Another factor was outlays for the bicycle path (next to the BART tracks) which have not yet been reimbursed by the state.

At Haden's recommendation, the City Council Monday stepped up transfers from several city revenue

accounts, such as the gas tax fund, to the general fund, which was in the red.

The action is merely an accounting measure and does not affect the total amount in the city coffers — in essence, the revenue-producing accounts are "paying back" the general fund which sends out the checks to cover expenses.

The city typically makes these transfers in January and June each year. What is different this time is that the action came early. In addition, Haden recommended increasing the frequency of the transfers, citing the city's fiscal constraints.

"It would be much better," he acknowledged, "if the city were operating in a situation where its general fund didn't always have to fall back on its gas fund." But he indicated that such circumstances would be hard to find anywhere nowadays.

The transfers approved by the council Monday included \$138,838 for expenditures related to street maintenance during July-October and \$85,480 for outlays on the bicycle path — \$35,480 of which has already been spent and \$50,000 which will be spent on signalization of the Masonic-Marion intersection sometime this month.

The financial report ending Oct. 31 shows the general fund with a negative balance of \$183,742 — \$55,742 more than at the same time last year, according to Haden. The transfers

(Continued on Page 2)



The 'Hein Little People' prepares for the 'Follies': From left are Bonny Minoggio, Hari Bonkis, Pieter Snapper and Debbie Hein

## Hey kids, let's put on a show!

ALBANY — Albany High School's choral music department will hold its annual fund-raising musical revue, the "Cougar Follies," on Thursday and Friday, Nov. 18-19, at 8 p.m. in the school's Little Theater. "It's really the annual school talent show," said choral music director Phil Rolnick. "It's mostly comedy and music and it's a tradition. We've been doing it for about the last 10 years."

Choir students will be selling tickets at \$3 each, as will the main office of the school (525-7131). Tickets also will be available at the door. Last year, Rolnick said the event raised about \$750, which was enough to pay for most of the choir's expenses.

Auditions for the follies began Monday and the offi-

cers of the choir acted as the audition committee.

Choir officers include president Shaynee Rainbolt, vice president-treasurer Don August, and secretary Bev Oleson. David McGaw handles publicity.

The ensemble singers also participate in the event and their officers are Vitti Laovorovitch and Judy Mashall. Teacher Ed Hill will be master of ceremonies. Performers will include Janene Rydman, who will do a solo and provide a sound system, Cassis Henry does a comedy act and helped write the script for the Follies.

Rolnick said that during the school year his department has about 50 students and during the spring semester, when the school puts on its annual musical, more than 100 students participate.

## E.C.: fight your own tree battles

By GORDON RADDUE

EL CERRITO — The city can no longer afford to referee neighborhood squabbles over view-obstructing trees, the City Council said, giving notice to residents that in the future they'll be on their own in such disputes.

Acting before a near-overflow audience Monday, the council suspended the city's tree ordinance for a year and authorized a substitute ordinance that will allow limited control of the problem.

The new ordinance, to be read publicly next Monday, eliminates city mediation and enforcement of tree disputes. Under the new proposal, the tree commission would be the last resort for city assistance to persons involved in tree disputes.

While the commission would lack enforcement power, its existence as a mediating agent would give legal status to each dispute, something City Attorney Albert Bianchi said is necessary to allow any legal recourse by the complainant.

Although most of the people who jammed the City Hall council chamber Monday were persons seeking continued city involvement in settling tree disputes, Mayor Jean Siri made it clear early that the failure of Measure E, the municipal services tax override, made continued city assistance impossible.

"This council is totally in favor of a tree ordinance," she began. "We don't have to be told or sold on the importance of one."

She added, however, that the council "is charged with balancing the budget for the citizens of this community. If it (Measure E) had passed, there would have at least been some

(Continued on Page 2)

## 'Bingo fever' strikes Richmond schools

By BARBARA ERICKSON

Richmond Unified secondary schools — faced with cutbacks in class periods, sports and other activities — are turning toward a source of funds long favored by churches and

community centers, a game called Bingo. School officials say bingo fever has hit at Richmond, El Cerrito, Pinole Valley and De Anza high schools, the course of the disease is taking

different form at each site. At Richmond High, PTSA president Ben Conchas is prepared to set

bingo games once or twice a month in Veteran's Memorial Hall to

### Trying a favorite alternative funding source

raise money for scholarships, supplies and possibly, to support a vocational education class in refrigeration.

Conchas said the hall has bingo materials to lease to the PTSA, and about 12 parent volunteers would run the games. He does not know how much money the events would bring in.

At El Cerrito High, the American Field Service club for exchange students is planning to have a bingo special, a one-day affair, sometime in January or February. Money will go to help host families and students

with special expenses like sports uniforms, fees for extracurricular activities and travel.

If the school board approves the use of district space for bingo games, it will take place at the school, said parent Kathy Weinstein. Otherwise AFS will rent the El Cerrito Community Center.

The school board will be looking at bingo in the schools at its Nov. 17 meeting when it may adopt guidelines for the games.

Booster clubs at De Anza and Pinole Valley High Schools are looking

at bingo as a way to raise money for sports. With budget cuts over the last few years, district secondary schools have lost all but the most basic sports.

Pinole Valley principal Robert Foo said bingo "is in the talking stage," and the parents are waiting for board approval to start making specific plans.

"If we get a lot of money," he said, "we would use it for individual sports." Some of the sports are funded by parents now, he said, like tennis, water polo, and swimming. Bingo

money might also help out with wrestling and badminton.

Other activities like drama and choral music would get some of the funds, Foo said.

The idea came up at the beginning of the year when Pinole Valley parents wanted to talk about the sports program. Once the school is sure about the legality of bingo as a fund-raiser, Foo said, one parent will take over the task and set it up.

Parents in the De Anza boosters club are also looking at bingo as a way to fund sports programs. School officials, however, could not supply

(Continued on Page 2)



# City urged to make 'discrimination audit'

By JUDY POLUMBAUM

**ALBANY** — City Attorney Robert Zweben suggested Monday that Albany conduct a "discrimination audit" to discover any hiring practices which might make the city vulnerable to discrimination suits.

During an hour-long report following Monday night's City Council meeting, Zweben also suggested that the city pay attention to improving the physical conditioning of employees in an effort to minimize workers' compensation claims and increase efficiency.

But he cautioned that a small community like Albany should not try to pioneer such a new idea — "especially when you have a city like Berkeley which wants to take the lead in so many ways," he said half-jokingly.

Albany should "go by example rather than setting an example," he advised.

Zweben's hour-long report was the latest in a series of informal presentations by city department heads.

He noted that the city's legal budget has swollen along with the overall city budget year after year, from \$2,241 in 1940 to \$40,000 by 1980.

In the 1960s, a city attorney in California had to keep tabs on about 50 cases a year that might affect municipalities, but now about 200 cases concerning municipalities are decided every six months, Zweben said.

In addition, the amount of litigation against municipalities has been mounting. Zweben acknowledged that since his city position is part-time and he has no staff, grappling with the volume and variety of cases lodged against the city is a problem. "I'm supposed to know all of it, which is a mental and physical impossibility," he said.

Some cases involving special expertise are referred to outside counsel, as are most "public liability" claims charging the city with injury or damage related to city-run services or property.

The city's vulnerability to discrimination suits has broadened considerably over the last 10-15 years with new developments in the laws and courts, he said. Judges now may find evidence of discrimination simply from employment statistics, he added.

Zweben said Albany currently faces 14 active cases concerning public liability and city actions. He said another seven cases are inactive, with plaintiffs showing little inclination to pursue them further.

Another nine lawsuits involving Proposition 13, most filed by large transport and industrial companies claiming their taxes have not been computed appropriately, also involve Albany, Zweben said.

However, most of these suits have been filed primarily against the county, naming individual cities where the firms do business, and the legal defenses are being handled by county counsel.

Decisions in the plaintiffs' favor could affect Albany by resulting in lower tax revenues, he said.

Zweben said a "distressing" trend in the courts today is the granting of sizeable amounts for attorney's fees. He said astronomical fees might go along with a nominal damage award.

Albany had this experience in a discrimination suit brought by two woman police officers, the city attorney said. Although the judge did not make an award to the plaintiffs, he ordered the city to pay \$16,000 for their legal costs.

Zweben also expressed dissatisfaction with the way workers compensation claims are handled, saying that while he considers himself a "pro-labor" type of person, "the workers compensation system seems to be skewed against public employers."

The special insurance fund for workers compensation is paying out so much that in the future the city might have to consider alternative hiring practices such as short-term contracting, Zweben said.

## Catholic group aids refugees

The problems and needs of refugees, particularly the Vietnamese, will be discussed at today's meeting of the West Contra Costa

Deanery, National Council of Catholic Women.

The morning session which opens with a 10 a.m. Mass will be held at St.

Cornelius Church, Macdonald Avenue at 28th Street, Richmond.

Speaker will be Sister Elizabeth Lang, supervisor of Asian Resettlement for Catholic Charities. The goals of her department include providing transportation, locating housing, tutoring in the English language, and arranging for legal and medical services as refugees learn to adapt to the American way of life. To date, about 5,000 persons from all over the world have been helped in their resettlement by Catholic Charities.

Luncheon will be served at 12:30 p.m. Wednesday and a donation of \$1.50 is requested. The 12 affiliations of the NCCW in west Contra Costa will each be sending delegates to the

meeting, but all interested persons are invited to attend. Advance reservations can be made with Joyce Miller of Richmond, 235-2740, or Mrs. Edward Valadao of Richmond, 525-7032. Mrs. Leo Gansen of El Cerrito, Deanery president, will conduct a brief business meeting.

A fall conference of the NCCW Oakland Diocesan Council will be held Saturday from 9:30 a.m. to 3 p.m. at St. Leo's Church in Oakland. "How to Become a More Effective Catholic Woman" is the theme. Mary Ann Schwab of San Francisco and Kathleen Murphy of Sacramento, representing the national office in Washington, D.C., will conduct workshops. For further details, call Mrs. Gansen, 525-0167.

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## ★ ELECTION '82 ★

## How Albany, El Cerrito vote

(Continued from Page 1)

didates got a smattering of votes as well.

Albany and El Cerrito election results also departed from statewide ones on several controversial initiatives, notably with Proposition 11, the bottle bill. It was defeated at the state level, but passed 4,025 to 2,329 in Albany and 6,138 to 4,756 in El Cerrito.

Proposition 13, the water conservation proposal, was defeated at the state level, but passed 3,651 to 2,271 in Albany and 5,668 to 4,261 in El Cerrito.

Proposition 15, the gun control initiative, was defeated at the state level, but passed 3,821 to 2,434 in Albany and 5,929 to 4,636 in El Cerrito.

Local voters were with the state as a whole in passing the nuclear freeze initiative, Proposition 12 (by 4,654 to

1,649 in Albany and 7,095 to 3,441 in El Cerrito). The margins of victory in these two cities were less than the slim 4 percent margin at the state level.

Albany and El Cerrito voters backed the initiative of State March Fong Eu, Controller Kenneth S. Delmure and Treasurer Jesse Unruh back for new governor and helped Leo McCarthy in his successful bid for lieutenant governor and John Van de Kamp in his bid for attorney general.

Albany picked a winner in the congressional district, choosing incumbent Delmure over his Republican challenger, son, while El Cerrito went for House Rep. H. J. Brown.

## Hard times hit Albany's treasury

(Continued from Page 1)

just approved amount to \$224,318, putting the general fund in the black for the start of this month.

Haden predicted the city's cash flow problem will persist through November but improve in December when taxes come in. This is the "dry period," he said.

In a related action, the council also gave blanket approval for transfer of money from other appropriate funds to the general fund to cover the cost of employee benefits. Haden said payments for health insurance, Social Security and the like are causing a drain on the general fund.

Haden said it is important to maxi-

mize the amount of money in the general fund in order to avoid borrowing. Keeping more money in the general fund also gives the city more flexibility, he added, because it can get money from the other funds that are not as flexible as the general fund.

## RUSD bingo: a new school funding source

(Continued from Page 1)

any more information. Bingo is popular in West County both with aficionados of the game, who make the rounds from night to

By state law only non-profit groups can raise money through bingo, and no profits can go towards salaries; volunteers must run the affairs. The top prize for each game — there are about a dozen or more each night — cannot exceed \$250, and only adults can play.

Cities and counties have their own bingo ordinances, most of them based on the state law. Most jurisdictions require licenses, but the cost is minimal. In Richmond the license is free; in San Pablo it costs \$50 a year or \$10 a night.

night, and with non-profit groups. Catholic churches, senior centers, Neighborhood Houses and boys' clubs run regular bingo nights in this area.

Parent boosters in the Albany

schools started a week at the Middle School and end as a way to raise money for the district. Officials showed up on Saturday.

## VOTE

(Continued from Page 1)

fault the Board of Education for cutting the regular budget. They were faced with a choice of raising taxes or cutting funds.

Lines moved over to the next election, took up to 15 minutes to get their ballots, and He said it took 15 minutes to get their ballots.

## Council helps AHS yearbook

By JUDY POLUMBAUM

**ALBANY** — When City Council member Ed McManus was a high school yearbook editor in San Mateo, the yearbook staff routinely would go to their City Council each year for money, and routinely would be refused.

Then council members would dip into their pockets and come up with \$20 apiece as private donations.

McManus dredged out this memory of adolescence Monday night as Albany's City Council faced a similar request from the Albany High School Cougar Yearbook staff.

Last year the council gave \$75 to the Cougar, and it had budgeted \$100 for the same purpose this year.

McManus said he felt personal contributions from council members would be preferable to dipping into public funds, and his colleagues agreed. They passed a unanimous resolution to advise the high school editors that the city does not have sufficient funds to meet their request — with the understanding that each editor personally would shell out \$20 to help the yearbook.

In other action Monday, the City Council OKed a request by the California Association of Women to conduct a fund-raising bany four days a week during November.

• Gave final approval to a zoning change to restrict the spread of offices in a newly zoned block area just south of El Cerrito Plaza.

• Reappointed Ellen Zapata to the Board.

• Reappointed Stephen Radley to the view Committee.

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# Space-age hardware for Albany High kids

## School doubles size of its system

By PENELOPE KRAMER

ALBANY — Albany High School students will have an extra edge in the computer age, thanks to the school's new computer.

Using funds from several sources, the school bought a CompuPro this summer, which doubled the size of its computer system.

The new system has two terminals and can store more than 10 million bytes, or characters — the equivalent of 20 300-page novels.

Sitting at a terminal during a computer science class taught by George Fosselius, senior Landon Hancock, 17, said the new system made it possible to learn more sophisticated concepts than he could on the four rudimentary PET computers and one PDP-8E the school has been using.

The old machines are "fun to bang around on," Hancock said, "but to get a long program, you need sheets of paper."

Whether working at the terminals or at their desks creating programs, the students seemed absorbed in their work and eager to learn more.

"They were also eager to describe what they were doing."

"There are four disks, and 15 user numbers," senior Howard Good explained patiently. "Because the user zero, I can seem to get it."

The students seemed perfectly at ease with the technology of the future as they typed their homework into a word processor or designed their own computer games.

Hancock, who attended a six-week course in programming at UC-Santa Barbara last summer, said he discovered computers last year.

"I started messing around with them and I liked it," he said. "They're fun to play with — and there's lots of money to be made in the computer field."

The computer, which cost more than \$10,000, was paid for with funds from the School Site Council, the district, the PTA and special education and vocational funds. Time and equipment were also donated by CompuPro and G. & G. Engineering.

The high school's new system includes the computer, two terminals, three memory storage

units, a printer and a variety of "software" which tells the system what it can do. The software includes pre-written programs, like Wordstar (a word processor) and Supercalc (for accounting).

Students can also write their own programs in several programming languages, including the rudimentary BASIC, and the more complex Pascal and FORTRAN.

Fosselius said he hopes that within a year, the department will be able to buy a color graphics unit capable of producing patterns with bit graphics



which produce a finer resolution of the patterns. He said he wanted a unit which could print out as well as display graphics.

He said he also wanted to get more terminals so more students can spend more time at the machine.

"Our goal," he said, "is to have computer literacy for the whole high school."

In the future, computer courses also may be required for graduation. The requirement would not affect present students.

Hancock said he had had no idea what he wanted to do until he started learning about computers. Now he says he would like to major in computer programming at UC-San Diego and minor in systems analysis.

"This isn't something which will just fade away," he said.

## Arts

# Comedy comes to town

## Former Albany disco welcomes funny people

By GORDON RADDUE

ALBANY — A one-time disco haven will become a showcase for major comedy talent — straight from Caesar's Tahoe — when the celebrated Jim Samuels, and two other gagsters take over the Viking Lounge, 600 San Pablo Ave., for an evening of laughs Thursday, Nov. 11.

Former rock impresario Jerry Cordova's JA-JA Production Co. is presenting Samuels and fellow comics Carrie Snow and Mark Pitta on the rebound from the recent "Big Laff-Off National Finals" at the Tahoe showplace.

The 33-year-old Samuels walked off with first place in the recent seventh annual San Francisco International Stand-Up Comedy Competition, an award enthusiastically substantiated by Bay Area critics of the art.

Snow captured fifth place in the finals of the event, which were taped by Showtime for cable TV presentation. A native of Oakland, she has captured the San Francisco Cabaret Gold Award as Comedienne of the Year two years in a row.

Pitta, who also hails from Oakland, is considered one of the bright young comedy performers on the Bay Area scene. He currently is working as a touring professional in the Bay Area and elsewhere around the country.

Samuels' material ranges from outrageous political satire to humorous comments on the world around him: "The bums in this town (San Francisco) are earthquake-conscious — they all sleep in doorways."

The tripleheader comedy attraction will run from 9 p.m. to 12:30 a.m., with admission \$6, according to Cordova. The doors will open at 7:30 p.m., he added.

The Viking Lounge is operating under a new owner, Sam Deshmukh, and Cordova hopes to make it a showcase for the kind of top-notch talent that Samuels, Snow and Pitta represent.

"Albany's got an outstanding jazz club (Erle's Solano Club)," said Cordova. "Now it's got the best in comedy."

Tickets for the show can be purchased in advance at the Viking (phone 525-9902) or at the door on performance night.



Comedian Jim Samuels

## Israeli dancing set

On Sunday, Nov. 14, Congregation Beth Israel Hebrew School will sponsor a program of Israeli dancing beginning at 11 a.m. at 1630 Bancroft Way, in Berkeley.

Israeli dances will be taught for all levels of expertise. Music will be provided by the Hot Borscht Band featuring Jonathan Lyon and Scott Deveaux. Admission is free.

An Israeli-style lunch can be purchased for a nominal fee. For further information call 843-5246 or 525-7566.

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## Trinity sets baroque fete

On Saturday, Nov. 13, at 8 p.m., Trinity Chamber Music will present a concert of 17th century music performed by distinguished Bay Area artists including Renon, Baroque Jean Nandi, harpsichord and George Shotts, viola da gamba.

The concert will be held in Trinity Church, 2320 Dana Street, Berkeley. A \$5 donation is suggested.

## Is retiring hazardous?

Is retirement hazardous to your health? A free forum at Herrick Hospital and Health Center in Berkeley on Thursday, Nov. 18 from 7 to 9 p.m. will be moderated by Dr. Earl Simburg, an expert on mental health after age 55. Free parking is available.

Due to limited seating, reservations are required, so please call Herrick Hospital at 540-4490.

## Want to serve your city?

ALBANY — City Council member Edward McManus is looking for someone to appoint to the city's Civil Service Board.

McManus said the person must be civic-minded and like to play pool.

Applicants may contact the city clerk.

## EC church sets supper

EL CERRITO — Mira Vista United Church of Christ, 7075 Cutting Blvd., will have a pot-luck supper Sunday, Nov. 14, at 5:30 p.m. followed by group discussions, film strip and story.

Topics to be discussed are "What does the church have to offer that no other institution has?" and "Why do you keep coming back to church?"

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## Bowling

### Golden Gate Lanes 975 Classic

EL CERRITO — Four of the five Pepito's Deli keggers shot 636 or higher during a 20-5 victory over Universal Building Maintenance which moved them up a notch to second place in the 975 Classic at Golden Gate Lanes.

Pat Bowlby led the way with 663, followed by Pat Narasaki with 648, Dave Wooster with 640 and Mike Crawford with 636. Joanie Simi was high for Universal with 603.

Jimac Stable holds a 15-point lead after posting a 19-6 win over Allied Automatic, dropping the losers from second to third place, as Dave Rubin's 663, Ross Falchetti's 654 and Jerry Lahue's 649 did most of the damage.

Oakland Cigarette moved up to fourth place by top-

ping Pan Ready Mets, 14-11, despite Al Cowlah's 663, Dean Kiel's 662 and James Ratcliff's 614. Ken Derby led Oakland Cigarette with 647, backed up by Russ McCracken's 638 and Larry Colombo's 627.

Rick Erhart's 616 and Tim Childs' 610 sparked Melin's Refrigeration over Wild Hare and Karl Klemm's 635, 15-10.

Oakland Cigarette 14 (Bobby Stephenson, 215-578; Russ McCracken, 241-638; Doug Felix, 198-518; Ken Derby, 246-647; Larry Colombo, 232-827). Pan Ready Meats 11 (Dean Kiel, 256-662; Leon Walker, 175-525; James Ratcliff, 211-614; Charlie Norris, 179-507; Al Cowlah, 231-653).

Jimac Stables 19 (Rodney Bridgeman, 225-574; Ross Falchetti, 234-654; Fritz Campbell, 223-568; Dave Rubin, 256-663; Jerry Lahue, 235-649). Allied Automatic 6 (Paul Mahera, 200-530; Bill Hood, 190-544; Don Aguilar, 205-584; Dave Smith, 205-589; Jim Rathgeber, 200-571).

Pepito's Deli 20 (Pat Bowlby, 264-663; Hank Narasaki, 237-548; Larry Simpson, 226-560; Dave Wooster, 244-640; Mike Crawford, 246-636). Universal Building 5 (John Bush, 232-586; Ray Kessinger, 196-531; Joanie Simi, 211-603; David Escobar, 181-

485; Willie Shields, 188-330).

Melin's Refrigeration 15 (Tim Childs, 235-610; Bill Wullenwaber, 210-562; Rick Erhart, 224-616; Gordon Erhart, 210-553; Maurice Mims, 220-573). Wild Hare 10 (Richard Randolph, 186-538; Karl Klemm, 270-635; Joe Stark, 208-598; Dwight Carbone, 204-531; Ken Umberger, 211-573).

### Golden Gate McQuesten 875 Scratch

EL CERRITO — Newell's Mobile Parks knocked off McQuesten 875 Scratch League leader Diabolo Bowling Supply, 14-10, in the eighth week at Golden Gate Lanes, but second-ranked Payless Plumbing failed to capitalize, losing a 15-9 verdict to Paki Trucking whose Mary Jackson shot 601.

Third place Ron's Machine Shop gained only slight ground by being held to a 13-11 win by New Keesa Party Boat whose Dennis Palwick rolled 607.

High series of the night was Tom Welsh's 611 in an 18½-5½ win by Locators over Bowlers Mart.

Other action was close as Adobe Room Catering nipped Nordahl's Arco, 13-11, and Kister, Savio & Rei, led by Jack Radosovich's 605, rolled a 12-12 stalemate with

### Tabler's Hair House

Adobe Room Catering 13 (Tony Melo, 166-500; Joe Stewart, 202-595; Bob Gonzales, 202-595; Frank Lewis, 202-595; Nordahl, 197-571; Bob Holland, 202-525; Carlos Smith, 208-581; Don Nordahl, 201-567).

Tabler's Hair House 12 (Bibi Tabler, 162-698; George Miller, 217-539; Ed Covell, 214-554; Bob Dorn, 192-591; Jack Radosovich, 237-605; Jim O'Mara, 192-591; Stewart, 202-595; Gary Thorne, 192-546).

Locators 19½ (Tom Welsh, 218-611; Dick Brown, 182-523; Jerry Koenig, 167-483; Ken Dornier, 164-483; Fry, 202-582).

Ron's Machine Shop 13 (Tom Sora, 181-652; Mike Boat 11 (Al Hirschman, 158-445; Howard Coates, 192-591; Al Pinyan, 214-576; Dennis Palwick, 214-607).

Newell's Mobile Parks 14 (Chris Beasly, 182-590; Chris Beasly, 182-590; John McKimlin, 181-651; Don Bonini, 193-527; Frank Carney, 232-588; Castro, 204-585; Abe Cordova, 181-460).

Paki Trucking 15 (Frank Coates, 192-590; Ken Dorn, 192-591; Mary Jackson, 234-601; Paul Griffin, 204-510; Dorn, 211-608; Chris Christan, 186-448; Chuck Scallberg, 184-545).

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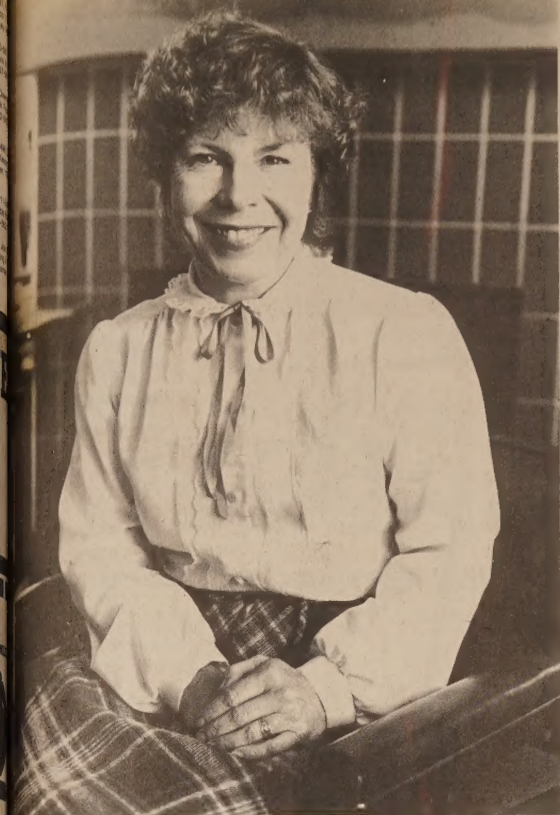


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Jean Selikson says her first priority is to observe and "get her feet wet."

Times Journal photo by Karen Preuss

## Albany Senior Center gets a new director

By ROBERTA ALEXANDER

ALBANY — It's seems like a long way from a job with the Iranian Oil Company in the Persian Gulf to the directorship of the Albany Senior Center — but it's been an interesting path for Jean Selikson.

Selikson was selected to fill the vacancy created by the resignation of former director Marguerite Carlson. Her first priority, she said, is to observe and "get my feet wet."

"I don't expect to fill Marguerite's shoes," according to Selikson, a cheerful redhead. "I plan to carry on, and add things as we can."

She sees the center as a place to mix educational and social activities.

"I know this is a small building, but it is possible to add more classes, and perhaps some more projects," she said. "I plan to add more classes, and perhaps some more projects."

She is particularly attracted to intergenerational projects, believing that both young and old people have much to gain by spending time together. At her first job, at Family Manor (a Richmond retirement home), she set up a program with nearby Salesian

High School in which students visited the home and did projects for credit.

The mother of three grown children, Selikson spent many years as a young mother in El Cerrito working with young people. These activities included tutoring elementary and junior high students, running a CampFire program, working with learning-disabled children and bringing community people into the classroom.

"Then I became really interested in working with older people. It just grabbed me," she recalled.

As a result, Selikson returned to school, to complete the education interrupted by her Iranian sojourn. She received a bachelor's degree in gerontology from the State University of New York, and has since worked with older adults both in New York and California.

She is also the vice-president of California Specialists on Aging, an organization for professional gerontologists.

The City Council approved Selikson's selection for a six-month probationary period at its last meeting.

## Drop-in care set in Kensington

KENSINGTON — The Kensington after-school enrichment program is offering a new drop-in class every day from 2-4 p.m. supervised by director Marsha Robinson in room 14 of the Kensington Hilltop Elementary School.

Cost for this service is \$2 an hour for children in grades K-6. One-day phone reservation notice is preferred calling 528-3070 between 2-6 p.m.

This class will be available through Dec 17. A special Christmas Week session Dec. 20-24 is in the planning stages.

If you need child supervision during that week please call 528-3070 for more information. Tentative hours are 9 a.m. through 5 p.m., with a fee close to \$2 an hour.

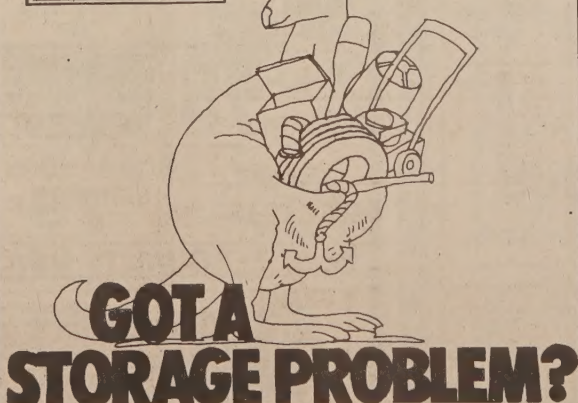
Let us know... if your school, club or church is having an event, we'll be there.



**LET'S TALK IT OVER** with Odd E. Haugen. People outgrow their residences just as children outgrow their clothing. As the size of the family changes, the home becomes too small for Mom, Dad and several active children. Two large for just Mom and Dad after the children have moved away into homes of their own. The needs of the family change but the house stays the same size. Some people are reluctant to sell their homes and find more suitable residences because the values have increased so much that they fear the tax consequences. The tax laws provide that if the proceeds from the sale are reinvested in a new residence within one year...

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8 BAY AREA LOCATIONS

## Toy fair scheduled

A toy fair, featuring handcrafted and educational toys, books and children's furniture will be held Saturday, Nov. 13 from 10 a.m. to 5 p.m.

The fair is at Calvary Presbyterian Church Gym, Virginia and Milvia Streets, Berkeley. Call 843-9374 for more information.

## E.C. Ology still open

EL CERRITO — The E.C. Ology Recycling Center is still accepting donated materials and providing weekly curbside service to El Cerrito residents. Only the buyback program has been relocated to Berkeley.

The E.C. Ology donation center, located at 7501 Schmidt Lane, accepts aluminum cans, scrap aluminum, scrap metal, tin cans, glass, wine bottles, newspapers, magazines, office paper, mixed household paper, computer paper, cardboard and used oil. The donation center is open seven days a week.

For further information, call Joel Witherell, director of community services, at 234-7445.

## Watercolors on display

The East Bay Watercolor Society is presenting an exhibit at the Alta Bates Hospital Community Art Gallery, 3001 Colby Street at Ashby in Berkeley from Nov. 5 through Jan. 7.

The gallery is open between 7 a.m. and 8 p.m. and there is no admission charge.

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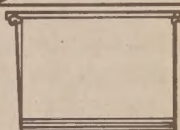
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Letter Size

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Legal Size

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6<sup>19</sup>

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# Pot luck with Olga Bier

## Pass the cheese, please

No one really knows where cheese came from. Oh, you can read where cheese is recorded on stone tablets as early as 4000 B.C. (1) and how a shepherd probably left milk in a pouch out in the sun where it clabbered and thus this marvelous food was born. Believe what you wish — but count your blessings that it all happened, because cheese is simply a wonderful food.

Natural cheeses are made from milk by separating the solids (curds) from the liquids (whey) through coagulation of the milk, either by using enzymes or bacteria. Cheese has been described as concentrated fermented milk with high food value, containing almost every nutritional element needed in the human diet.

Here in the U.S. we eat approximately 18 pounds of cheese per person annually. About one fifth of our milk goes into cheese making. Statistics aside, we eat cheese because it's good and can be used in all parts of the menu with foods from apples to zucchini.

### An entertaining idea

With holidays approaching sooner than we realize, those of us with busy lives who would like to have a few friends over begin to panic about time-consuming preparations. Here's an idea — have a wine and cheese tasting.

All you need are a wine glass per person and some plates and napkins. Choose at least five kinds of cheese, with a variety of flavors from mild to sharp and textures from creamy to smooth. Our local supermarkets are doing wonderfully well to supply us with a nice selection. If you feel you need advice, try a cheese shop. They will be delighted to advise you and give you tasting samples. That's the fun part of planning ahead.

Then, get some crusty French bread and assorted crackers and some baskets to serve them in. Plan to serve your cheeses on plates or boards or trays, some sliced, some cubed, and some whole to be sliced by the guests.

You'll need a few knives, toothpicks, and little cards to label your cheeses. This can all be from your own kitchen or you can go all out for colorful matching paperware and use your good silver. The import shops have very good looking cheese spreaders at inexpensive prices.

### Choosing your cheese

Be sure to have a familiar cheese or two, but do try some new ones. This calls for a bit of pre-sampling. Just be sure to advise your guests to start with the mild ones and progress to the sharper flavors.

### How the pros do it

At a recent cheese tasting I attended, held by the California Cheese and Butter Association, the sampling tables were beautiful examples to copy for home events. The centerpieces on the eight tables were bouquets of white, gold and yellow flowers with fresh lacy greens, picking up the golden hues of the cheeses arranged in individual plates around the table.

Each cheese was cut or sliced and arranged on a plate, and behind each plate an uncut block of that cheese was labeled so the original form could be identified. There were baskets lined with royal blue napkins, beautifully complementing the gold and orange cheese, filled with thin slices of French bread and marvelous mini pocket-bread crackers. And then to separate each cheese plate, there were clusters of red and pale green grapes and perfect pears, accented by a bright strawberry or two. Adapting this tasteful and colorful presentation to your home would be easy.

### Consider the beverage

Shirley Sarvis, author, editor, and wine and food matching expert, passed on these hints at the tasting. "Proteins," she stated, "go well with tannin, making cheese the perfect partner to wine." She recommends red wines with the full flavored cheeses and whites for the lighter, appetizer-type cheeses. The "wet" cheeses — such as brie — are very good with burgundies or pinot noir and the dry, firm cheeses are best accompanied by a cabernet. And of course, stilton cheese and port wine are classic companions.

Generally speaking, choose an equal number of wines to go with your cheese, following this rule: the milder the cheese, the milder the wine; the sharper the cheese, the more robust the wine. Allow 1/2 pound of cheese and 1/2 bottle of wine per guest. Red wines are served at room temperature and opened an hour or so before serving. The whites should be chilled, of course.

Also, provide a pitcher of water and a waste bowl for rinsing the glass. And for those who limit their wine intake, a mineral water or fruit cider is a nice touch.

If you would like a print of the chart of cheese-wine fruit compatibilities by the American Dairy Association, just send me the usual envelope. (These I can send promptly.)

### Some reminders

Cooking with cheese carries one major caution. As a protein, it requires low heat. Otherwise it will get tough.

### Reception set for principal

ALBANY — A community reception will be held for Albany High School's new principal Jack Marlowe and family.

The event will be Saturday, Nov. 20 from 2-4:30 p.m. at the Cornell School Library.

and stringy. Properly wrapped, most cheese will keep in the refrigerator several weeks. With the exception of Neufchatel, most cheeses can be frozen and held up to two or three months. Freezing cheese may affect its body and texture and cause it to be mealy. If you want to freeze it, cut into small pieces. It should be tightly and securely wrapped in moisture-proof wrapping. Let cheese thaw in the refrigerator for 24 hours and serve it at room temperature. The only cheeses served cold are cottage and cream cheese.

And for those of you who want to do a little baking, here's a cheese goodie you and your family will love when

served as dessert with fresh fruit.

### Cheddar Shortbread

1 1/4 c. flour  
1/2 t. paprika  
1/2 t. coriander  
1/4 t. dry mustard  
1 cube butter  
2 c. (8 oz.) shredded Cheddar at room temperature  
1/2 c. minced nuts  
Preheat oven to 400 degrees. Combine flour, paprika, coriander and mustard. Cream butter, gradually add

cheese until well blended. Slowly beat in the nuts. Place dough on lightly buttered cookie sheet. Cut into 1 x 2-inch rectangles. Bake 12 to 15 minutes. Recut; serve as a dessert tidbit.

Olga Bier is a teacher, author and food writer. Anyone with questions or suggestions for the column should reach her in care of the Times Journal, Albany 94706.

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The Folk Tellers — Barbara Freeman (left) and Connie Regan

## Local libraries welcome the Folk Tellers

ALBANY — An evening of stories and songs with well-known storytellers Barbara Freeman and Connie Regan (The Folk Tellers) from North Carolina will be presented at a family concert, Friday, Nov. 12.

The 7:30 p.m. show will take place in the multi-purpose room of Marin School, 1001 Santa Fe Ave. Admission is free.

Their performance is sponsored by the Friends of the Albany and Berkeley Public Libraries, the Marin School PTA and the

Soroptimists International of Albany.

The Folk Tellers will also conduct a storytelling workshop Monday, Nov. 15, in the Young People's Room of the Berkeley Public Library, Shattuck and Kittredge at 7:30 p.m.

For more information call 644-6783.

Another family concert with the Folk Tellers will be featured at the First Annual Bay Area Storytelling Festival, Sunday, Nov. 14, at the Fort Mason Center in San Francisco, at 7:30 p.m.

For further details, call 654-7538.

## Albany's winter swim classes begin

ALBANY — Albany Pool's third session of adult swimming and water calisthenics began Monday. Interested persons may stop by the pool at 1311 Portland Ave. or call 526-7386.

Adult advanced beginner/intermediate swimming calisthenics will be offered Monday and Wednesday afternoon at 2 p.m. and Monday and Wednesday evening at 7:30 p.m. Beginning swimming will be offered Monday and Wednesday evening 7:30-8:30. The physical conditioning for lap swimming class meets Tuesday and Thursday 8:30-9:30 p.m.

Parents and tots will meet Monday and Wednesday afternoon from 3-3:30. This class is for parents and children between the ages of 4 months and 4 years.

The second session of children's lessons will begin Tuesday. Classes will be held on Mondays and Wednesdays 4:00 and 4:00-4:30 or Tuesdays and Thursdays 3:30-4:30.

Recreational swim hours are Tuesday, Thursday and Friday from 7:30-9:20 p.m. and Saturday from 3:00-4:50 p.m. Night is family night and everyone under 18 must be accompanied by an adult. Price is \$1.25 for adults, \$1.00 for seniors and 75 cents for children.

Lap swimming is offered Monday through Friday 7:30 a.m. and 12:20-1 p.m.; Tuesday and Thursday 7:30 a.m.; Monday through Thursday 5:30-6:30 p.m.; Friday 6:30-7:30 p.m.; Monday and Wednesday 8:30-9:30 p.m.; Saturday 1-2 p.m. The cost is \$1.50, \$1.25 for seniors.

## EC Rec Dept. plans cruise

EL CERRITO — The City of El Cerrito Division is sponsoring a Mexican Fiesta Cruise aboard the M/S Skyward March 19-27.

The cruise sails to Playa Del Carmen, Cancun, Cozumel and out island of the Bahamas.

Fares range from \$1065 per person. For details and reservations, contact Barbara Schultz-Creamer at 525-6748.

Reservations are now being taken at the El Cerrito Community Center, 7007 Moers Lane.

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## Briefs

### Albany offers home rehabilitation loans

ALBANY — Low-interest home rehabilitation loans will soon be available, up to a maximum of \$25,000, from the city of Albany through its newly expanded Housing Conversion Program.

The interest rate is 5 percent. Monthly payments are based on the applicant's income. Payments can be deferred for some borrowers, such as senior citizens on limited incomes.

New roof, insulation, window replacement, electric or plumbing repair, exterior repainting, safety and security measures are examples of work that can be financed through the program.

Borrowers must be of low or moderate income, living in their own homes.

Call Planner Richard Pearson at 644-8543 for more information.

### Homeshare starts in EC

EL CERRITO — The El Cerrito Committee on Aging announces the start of a program in shared housing. "HomeShare" will bring together providers and seekers of housing in El Cerrito, Kensington and the Richmond Annex.

Although sponsored by the Committee on Aging, the program invites participants of all ages to sign up.

Those interested can find out more about the program by coming to the Office of Senior Services, 6401 Manila, El Cerrito (across from the Department of Motor Vehicles) on Mondays or Fridays at noon. Phone 234-7447.

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Times Journal, 1247 Solano Ave. Albany 94706.

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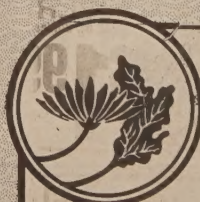
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# RUSD panel: schools should observe ethnic holidays

By BARBARA ERICKSON

Richmond Unified schools need a multi-cultural calendar to observe ethnic holidays, a district coordinator and a committee at each school site to oversee human relations, according to an advisory panel studying race relations in the district.

Cy Epstein, who chairs the Human Relations Committee, gave an interim report on the panel's progress at a recent board meeting. He said a final report with specific suggestions will be ready before the December holidays.

The committee, formed last year to help promote

better race relations in the schools, has found that the district has a good policy on multi-cultural education but it has failed to carry it out in all the schools.

"So the focus is on implementing," Epstein said.

The eight-member committee has found that residential patterns and the lack of good public transportation add to "school racial groupings which can interfere with the effective promotion of human relations."

The members also agreed that the racial makeup of the district staff does not reflect the school and community populations.

To correct this, the report suggests, the district should "seek out and enlist the appearance of ethnic-group role models who can speak to students at all levels." These would include members of different professions and jobs.

A permanent human relations coordinator, the committee said, would develop and supervise activities and programs to promote racial harmony throughout the district. A committee at each school site, including parents, staff and students, would also help plan activities but also would evaluate the school's efforts and act as a consultant

in the event of racial conflict.

The report asked for a staff development program to promote human relations, a district coordinator to oversee school's progress, and districtwide multi-cultural events for "systematic observance of special events relevant to various ethnic, racial or national groups."

Epstein said Richmond Unified — with its large black, Hispanic, and growing Asian population — values diversity. "We want to use it as a strength," he said.

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# Police beat

**ALBANY**  
Police report the following incidents for the week ending November 7:

November 4  
A 1974 Ford of San Pablo was stopped for a registration violation and arrested on an outstanding warrant for driving with a license suspended. The driver, a 26-year-old male, was arrested and taken to the police station. The car was impounded. The driver was charged with possession of drug paraphernalia.

November 5  
An evening bomb scare at a local store turned out to be a hoax. El Cerrito police were alerted by a phone call from a woman claiming there was a bomb in a dumpster. However, the store had no dumpster. A search of the area turned up nothing. The phone call was traced to James Realty Co., and an employee there said numerous calls had access to the store, but none were at the time of the bomb scare.

November 5  
Police arrested three men on charges of possession of drugs and hypodermic syringes. Police Officer Elliott R. Petroski, of Oakland, Joel H. Dunn, of Berkeley and L. Dunn, 24, of San Pablo, were arrested around the "contraband" in their car, according to the police report. The man posted \$3,500 bail.

## Briefs

**Sultan in art exhibit**  
CERRITO — On November 10, the El Cerrito Art Library, Stockton, is exhibiting "Sultan in Art," a collection of paintings by Rose Sulzberger Nov. 30. The artist is a member of the El Cerrito Art Association and the Richmond Art Center. Other paintings can be seen at the Richmond Art Center and at the Richmond branch of the American Savings and Loan, 12121 San Pablo Ave.

**Preschool openings**  
BANY — The Albany Pre-School, a parents' cooperative, has openings for an afternoon session, which meets Monday through Friday, 1-4 p.m. The pre-kindergarten program includes cooking, and crafts, water and play, science, games and outdoor play. Parents participate one hour a week during their child's session. Tuition is \$5 a month per child. For more information call Patricia McKay at 525-2147.

**Bazaar to aid hospital**  
The 44th edition of the El Cerrito Hospital Medical Center bazaar will feature a cocktail preview on Monday, Nov. 10 from 5 p.m. to 8 p.m., and a day sale, Monday, Nov. 11 (Veteran's Day) from 9 a.m. to 3 p.m. at the Oakland Auditorium, 10 - Tenth St., Oakland. There will be thousands of handcrafted and commercial gift items for sale, along with a variety of entertainment, and Christmas Tree Lane. Hundreds of small, permanent, one-of-a-kind, decorated trees will be displayed for sale. Preview tickets are \$5, \$1 on sale for seniors and children 6 and over, and \$3, general admission. Wheelchair access.

**Like to paint on velvet?**  
A free class for seniors is offered at the North Berkeley Senior Center on Wednesdays at 1 p.m. Judy Hoffman, volunteer instructor, will teach participants to paint pigments on velvet or designs on clothing, towels, tablecloths and scarves. Call the Center, 644 - 1st St., to sign up for this free Berkeley activity at 1st Street.

• Chester Harris of Berkeley, Steven A. Royston of Richmond and Douglas P. Moitoza of El Cerrito were involved in a three-car accident on San Pablo Avenue just north of Brighton Avenue at about 4 p.m. Police said Harris' car struck Royston's, causing it to hit Moitoza's, which was parked, resulting in some damage to all three cars.

• A case of indecent exposure was reported by three local residents. They told police that they had been walking about half a

block from Albany High School when a bearded man of about 25 rode by on a 10-speed bicycle wearing a sweater but no pants.

• Vandalism set fire to a tennis net on a court at Memorial Park.

November 6  
• Gerald J. Baker, 37, of Albany, was arrested on charges of possession of hashish and marijuana. Police records said the suspect had been involved in an argument with a neighbor and had invited police into his home, where they allegedly found marijuana seeds and a joint in plain view on a table and hashish nearby. Baker posted \$1,500 bail.

November 7  
• An 11-year-old Berkeley boy reported the theft of his three-speed Huffy bicycle, which he had left unattended and unlocked outside IFP Discounts Unlimited on San Pablo Avenue.

**EL CERRITO**  
Police report the following activity for the week ending November 7:

November 1  
• One case of Halloween food-tampering was reported. The morning after trick-or-treating, a needle was discovered inside a Reese's peanut butter cup which had been handed out "somewhere in the North Hill area," a police spokesman said.

November 4  
• A woman whose purse was grabbed by two teenagers managed to thwart the robbery by screaming. Jeannie Urquhart and Esther Lovell were at the

intersection of Lincoln and Lexington Avenues when the two young men accosted them and grabbed Urquhart's purse, but when she screamed they dropped it and ran away, according to the police report.

• Virginia Elliott of El Cerrito reported the theft of a watch and an earring worth a total of \$1,000, which disappeared "some time since May," police said.

• A bullet was fired into Locators Realty on San

Pablo Avenue sometime after office hours, leaving a broken window.

November 5  
• Dale Nelson, 26, of El Cerrito was arrested on charges of resisting arrest and battery on a peace officer after a late-night altercation at San Pablo Avenue and Fairmount. Police said Nelson had been in a fight with another person and that when they approached him he kicked one officer and also spit in the officer's face.

November 6  
• A robber forced a woman to the ground and escaped with her purse in a parking lot outside the Food Bowl. The victim was Josepha Molina, 31, of San Pablo.

• A juvenile was arrested near Computerland on San Pablo Avenue on charges of carrying a concealed weapon. Police said he was found with a loaded .22 after they followed him and another young man who seemed to be casing the computer store.

# Liquor Barn

Open Veteran's Day  
10 a.m. to 9 p.m.  
For your shopping convenience.

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Prices Only

# GRAND OPENING

The Liquor Barn's are proud to  
announce the opening of  
our newest store on  
Saturday, November 13th, at 2405  
San Pablo Dam Road, San Pablo.  
Come join the fun!

## Bourbon & Blends

Old Crow	80 Proof	1.75 Liter	\$9.98
Jim Beam	80 Proof	1.75 Liter	\$10.98
Early Times	80 Proof	750 ml	\$4.99
Jack Daniels	90 Proof	750 ml	\$7.99
Kessler	Blended Whiskey, 80 Proof	1.75 Liter	\$9.98
Coldbrook	Blended Whiskey, 80 Proof	1.75 Liter	\$8.28
Seagram's 7	80 Proof	750 ml	\$4.99
I.W. Harper	86 Proof	750 ml	\$5.99
Old Grand Dad	86 Proof	750 ml	\$6.49

## Gin & Vodka

<b>Smirnoff Vodka</b>		1.75 Liter	<b>\$9<sup>98</sup></b>
<b>Popov Vodka</b>		1.75 Liter	<b>\$7<sup>68</sup></b>
<b>Kaviana</b>		1.75 Liter	<b>\$6<sup>96</sup></b>
<b>Beefeater's</b>	94.4 Proof Imported	750 ml	<b>\$7<sup>98</sup></b>
<b>Christie's</b>	94.4 Proof Imported	750 ml	<b>\$6<sup>98</sup></b>
<b>Gordon's Gin</b>	80 Proof	1.75 Liter	<b>\$9<sup>98</sup></b>

## Canadian & Irish

Seagram's Crown Royale	750 ml	\$12 <sup>98</sup>
Canadian Club	750 ml	\$6 <sup>98</sup>
Seagram's V.O.	750 ml	\$7 <sup>19</sup>
Canadian Mist	1.75 Liter	\$10 <sup>98</sup>
Walker's Canadian	1.75 Liter	\$9 <sup>98</sup>
Canadian Hill	1.75 Liter	\$9 <sup>28</sup>
Old Bushmill's	Irish Whisky 750 ml	\$8 <sup>99</sup>

## Rum & Tequila

Ypioca	Brazilian Rum	750 ml	\$13.98
Myer's Planters Punch		750 ml	\$7.99
Bacardi	Silver or Amber	1.75 Liter	\$9.98
Ron Rico	Silver or Amber	1.75 Liter	\$9.49
St. Elmo	Light or Dark	1.75 Liter	\$7.98
Gusano Rojo	With the Worm	750 ml	\$11.48
Jose Cuervo	Gold	750 ml	\$6.89

## Cognac & Brandy

Remy Martin V.S.O.P.	750 ml	\$18.95	
Hennessey V.S.	750 ml	\$13.95	
Courvoisier V.S.	750 ml	\$13.95	
Bisquit V.S.	750 ml	\$9.98	
Marc Roger	French Brandy	750 ml	\$5.95
Christian Brothers		750 ml	\$5.69
Korbel Brandy		750 ml	\$5.69
Fidelis Brandy		1.75 Liter	\$5.49

## Scotch

Prime Malt	Single Malt	750 ml	\$13.98
Chivas Regal	12 Year Old	750 ml	\$13.49
Scotia Royale	12 Year Old	1.75 Liter	\$16.98
Cutty Sark	86 Proof	750 ml	\$8.98
J & B Scotch	86 Proof	750 ml	\$8.98
Hedges & Butler	86 Proof	1.75 Liter	\$7.98
Scoresby Scotch		1.75 Liter	\$10.98
Dunilvet Scotch		1.75 Liter	\$9.98

## Liqueurs

Bailey's Irish Cream	750 ml	\$12.69	
Amaretto Di Saronno	750 ml	\$10.69	
Kahlua	750 ml	\$8.18	
Grand Marnier	750 ml	\$15.98	
Southern Comfort	750 ml	\$5.69	
Hiram Walker	Cranberry Liqueur	750 ml	\$5.99
Hiram Walker	Peppermint Schnapps	750 ml	\$4.99
DeKuyper	Apricot, Blackberry or Peach Brandy	750 ml	\$5.29
Chevalier	Triple Sec	750 ml	\$3.77
Chevalier	Creme De Menthe Green or White	1.75 Liter	\$4.88

The Liquor Barn Stocks Over  
300 Cordials & Liqueurs.

Items and prices available at above store Wednesday,  
November 10, 1982 through Tuesday, November 16, 1982

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Gilbey's Vodka  
1.75 Liter

\$7.67

Sebastiani  
Chablis, Burgundy,  
Rose or Petite Chablis  
4 Liter

\$4.99

Old Smuggler  
1.75 Liter

\$9.99

Three Mountain  
Wines  
Chablis, Burgundy, Chablis,  
Vin Rose or Pink Chablis  
3 Liter

\$1.99

## Beer Bonanza

Amstel Light  
Light Beer from Holland  
6-12 oz. Bottles

\$3.77

Bohemia Ale  
6-12 oz. Bottles

\$3.49

Miller  
6-12 oz. Bottles

\$1.89

Old Milwaukee  
or Old Milwaukee  
Light  
12 oz. Bottles

\$2.88

## Fidelis Brandy

Fine California Brandy from one of  
the states largest producers  
1.75 Liter

\$8.98

## Ancient Age

1.75 Liter

\$9.99

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Milpitas, Castro Valley, Antioch, San Rafael.

# Liquor Barn

Gallo  
Johannisberg, Gewurztraminer  
or Sauvignon Blanc 1.5 Liter

\$2.98

## Jug Wine Values

The Liquor Barn has Great Jug Prices

Paul Masson	Light Chablis or Light Rose	3 Liter	\$4.48
Mountain Castle	Chablis, Burgundy Rhine or Rose	3 Liter	\$2.99
Sebastiani	Chablis, Burgundy, Rose, Petite Chablis	4 Liter	\$4.99
Colony Classic	Chablis, Rhine or Burgundy	3 Liter	\$4.78
Carlo Rossi	Box - Chablis, Burgundy or Rose	18 Liter	\$17.98
Paul Masson	Mega Cask - Burgundy, Chablis or Rose	18 Liter	\$19.98

## Cork Finished Magnums

Vincelli	Red or White	1.5 Liter	\$3.33
Louis Martini	Chablis or Burgundy	1.5 Liter	\$3.99
Round Hill	Chablis or Burgundy	1.5 Liter	\$3.88
Mirassou Vintage	Burgundy or Dry White	1.5 Liter	\$4.98
Fetzer Premium	Red or White	1.5 Liter	\$4.64
Parducci Vintage	Red or White	1.5 Liter	\$4.44
Principato	Chardonnay	1.5 Liter	\$4.99
K. Manheim	Liebfraumilch	1.5 Liter	\$4.88
Almaden	Monterey Chablis	1.5 Liter	\$3.42
Almaden	Monterey Burgundy - Gold Medal Winner, Los Angeles County Fair	1.5 Liter	\$3.42

## Chardonnays

<b>Gallo Chardonnay</b>		750 ml	\$3.66
<b>Vincelli</b>	1981	750 ml	\$4.98
<b>Mirassou</b>	1981	750 ml	\$4.98
<b>Fetzer</b>	Early Bottled 1980	750 ml	\$4.99
<b>Fetzer</b>	Barrel Select 1981	750 ml	\$5.30
<b>Husch</b>	1981 Gold Medal	750 ml	\$7.58
<b>Beaulieu</b>	Vintage	750 ml	\$7.98
<b>Simi</b>	1980 Gold Medal	750 ml	\$7.98
<b>Kenwood</b>	Los Chamaizal 1980	750 ml	\$7.98
<b>Robert Mondavi</b>	1979	750 ml	\$10.98

## Cabernet Sauvignon

L. Martini V.		750 ml	\$
Pedroncelli	1979	750 ml	\$
Vincelli	1980	750 ml	\$
Zaca Mesa	1979 Gold Medal	750 ml	\$
Mirassou V.		750 ml	\$
Glen Ellen	1979	750 ml	\$
Clos du Val	1979	750 ml	\$
Beaulieu	Private Reserve 1977	750 ml	\$

## Wine of the Week

Robert Mondavi

1978 750 ml \$26.97

Reserve 1.5 Liter \$62.50

3 Liter \$153.98

6 Liter \$328.00

(6 Liter is a special order. Please allow one week for delivery)

## Cortney

Enjoy the Fine French Wines of Cortney

Cotes du Rhone	1981	750 ml	\$2.99
Macon	1980	750 ml	\$3.98
Muscadet	1981	750 ml	\$2.99
Vouvray	1981	750 ml	\$3.99
Beaujolais Villages	1981	750 ml	\$4.49
Pouilly Fuisse	1980	750 ml	\$6.99
Chateaufort du Pape	1980	750 ml	\$7.98



# Senior centers

## ALBANY

The center is at 846 Masonic Ave., 644-8500. Hours: Monday-Friday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m. and Sunday, noon-4 p.m.

## Special Events

Legal counseling, a free service for Albany residents of all ages. Drop in clinic will be held at the center every Wednesday night from 7 to 9 p.m.

Tickets on sale for Thanksgiving luncheon at Spenger's, Saturday, Nov. 13, at 12:30 p.m.

Legal assistance for Alameda County residents, by appointment, Wednesday, Nov. 17, at 10 a.m.

Would you like to walk, but don't want to walk alone? Join the group on Monday and/or Thursday at 10 a.m.

Blood pressure clinic, 1-3:30 p.m., Monday, Nov. 22.

## Transportation

Call at least one day in advance for reservations for senior van shopping trips. Wednesday mornings: El Cerrito Plaza. Friday mornings: Solano Avenue. Requested donation, 50 cents per round trip. Albany residents only.

Taxi scrip available to Albany residents over age of 60. Price from \$4-10, depending on annual income. Apply Tuesdays, Thursdays and Saturdays, 10 a.m. to 2 p.m. Persons in wheelchairs may purchase special transportation vouchers.

## Classes/Groups

Monday: Across the Generations, 9 a.m.; painting and color workshop, 9 a.m.

Tuesday: creative widowhood, help with your future, no fee, 10 a.m.; English as a Second Language, 1 p.m.; folk & square dancing basics, all levels, 1 p.m.

Wednesday: current events, 10 a.m.; drama through the eyes of Shakespeare, 1 p.m.; Tai Chi, 1:30 p.m.

Thursday: group walking, 10-11 a.m.

Friday: chess group, 10 a.m.; community service, 10 a.m.

Saturday: Modernism in the arts, 10 a.m.

## Social Security

Field representative at the center the first and third Friday of the month at 3 p.m. to answer questions about Social Security, SSI and Medicare.

## Continuing Events

Barber service, Thursday, 9 a.m. to noon. Donation requested.

Bingo, Thursday and Saturday, 10:30 a.m.; Sing-along, Thursday, 11:30 a.m.; Bridge, Friday, noon to 3 p.m.

Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday, noon-4 p.m.

Chess group, Friday at 10 a.m.

Senior prom ballroom dance, Saturdays from 7:30 to 11 p.m. Donation, \$2.00 (includes refreshments).

## Meals on Wheels

Home delivered meals are available for Albany residents. The food is prepared at Alta Bates Albany Hospital and is delivered at midday by a volunteer driver. Regular, low-salt and diabetic meals are available. \$12.50 per week.

To order, please call the center at 644-8500 one week in advance. Coordinator Velma Grasso will make all arrangements.

## Bus Tours

Trips are sponsored by Albany Park and Recreation Dept. Make reservations with Myriam Heath, Tuesday at 1 p.m. and Thursday at 10 a.m. at center. Nov. 17 and 18, Triangle Tour, Tahoe, Carson City, Sparks, \$33.50 per person double or twin occupancy, \$45, single. Nov. 29, San Francisco shopping, \$7.50. All trips depart Memorial Park.

## Menus

The nutrition site meal is served at 4 p.m. Advance reservations are required. The suggested minimum donation for seniors is \$1 plus 50 cents; \$3.50 for persons under age 60. Monthly menus are available.

Nov. 10, chicken; Nov. 11, meat loaf, Nov. 12, chicken; Nov. 15, Salisbury steak; Nov. 16, fish.

## EL CERRITO

### Open House

Located at 6500 Stockton Ave., behind the library; 526-0124. Drop in lounge open weekdays from 9 a.m.-2

p.m. Lunch daily at noon.

The center will be closed Nov. 11.

## Classes

Monday: aerobic dance class, 9 a.m.; bridge, 1 p.m.; art class, 1:30 p.m.

(second Monday of every month) and Tuesday: fitness, 9:30 and 10:15 a.m.

Wednesday: mild exercise, 9:30 a.m.; knitting, 12:30 p.m.

Thursday: fitness, 9:30 and 10:15 a.m.; conversation, 10 a.m.; information & referral, 1:30-3:15 p.m.

Friday: barber, 9 a.m.-noon; bingo, 1:30 p.m.

## Special events

Nov. 15, 22 and 29, hearing loss, "Life's Sounds," 10 a.m. to noon.

Nov. 15, Living with grief support group, 2-3 p.m.

Nov. 23, cooking for men only, 11-12:30 p.m.

Nov. 10, 17, law class (death laws), 2-3:30 p.m.

Nov. 24, public health nurse at center.

Nov. 19, Social Security representative.

## Christ Lutheran

Stockton. Mondays, 9 a.m.-2 p.m. at 180

Craft classes (pressed flower, jewelry, weaving) are taught in the

noon. Afternoon program of information, community singing, sit-down exercises and

The program is co-sponsored by the Unified School Adult Education program.

## St. John's Center

For El Cerrito residents 60 or over, El Cerrito Center, 6510 Gladys St., Tuesday, 9 a.m. to 11 a.m. Phone Tuesday only, 234-2797.

Gans at 529-1114.

The Center is part of the Richmond Adult Education program, 9 a.m. to 12:30 p.m. lunch, 12:30 p.m. to 2 p.m. afternoon singing, sit-down exercises and

On Nov. 16, staff member Albert about Thanksgiving and members will

Lucille Granucci will be the guest.

21.

## Community Center

Monday, 6-9 p.m. at El Cerrito Center, 7007 Moers Lane. Program: first week, bingo; second week, cards and games; third week, cards and games; fourth week, special programs.

For information call 525-6747.

## Senior Citizens Club

Meets Thursday, 5-9 p.m. at St. John's Hall, Gladys and Lexington Streets.

First Thursday of the month: bingo; second, bingo; third, birthday observance; and cards; fifth, special programs. For

7462.

## Sakura Kai Center

For Japanese-speaking senior citizens, Saturdays, 1-3 p.m. at 6510 Stockton St. Exercises, ceramics, "Shigin" (poetry singing) available. For information: 7086.

## KENSINGTON

Activity center, Thursday, 9 a.m. to 12:30 p.m. Arlington Ave. Morning meditation, table games and bridge. Special programs: singing, bridge, clothing alteration class.

First Thursday, potluck lunch. Don't pay \$1.50. For the rest of the month, cake and coffee is \$1.75.

On Nov. 11, horticulturist Dr. R. discuss plant care.

## EAST BAY

North Berkeley Center, 1901 Hearst St., Berkeley, 644-6011.

8 a.m. to 4:30 p.m., gift shop opens at 10 a.m. Classes in sewing, arthritis exercise, foreign languages, math, chess, senior and current events.

## Briefs

### Kensington P sets fund-raiser

KENSINGTON — A "Winter Crafts" fund-raiser will be held Dec. 11 and 12 at the Youth Hut.

crafts of all types—holiday items, pottery, jewelry, needlework, weaving, gourmet baking.

The Hut is located at 59 Arlington Ave.

ton.

Anyone wishing to obtain space for quality items should contact Paula Jennings.

Ann Ongerth (524-6014) weekdays after 5 p.m.

The fair is sponsored by the Kensington commission on sales will benefit activities of the PTA.

### Hungarian classes scheduled

EL CERRITO — A class in cooking for holiday entertaining will meet from 12:30-2:30 p.m. at the El Cerrito Center.

ter.

On the agenda are wieners, schnitzel, paprikas, pork stuffed cabbage rolls, noodle soup, heavy lentil soup, creamed celery soup, hearty lentil soup, noodles, strudel and tortes.

There will be a one day workshop on presents from your kitchen on Nov. 11 p.m. Sign up by calling 525-6748.

### Wearing local

KENSINGTON — The Kensington running shorts, crewneck T-shirts and

marked with a Kensington community school emblem.

Clothing will be available in school and color of shorts and jacket is navy, blue or blue.

To order or for price information, call (524-2508) or Ann Ongerth (524-6014) days.

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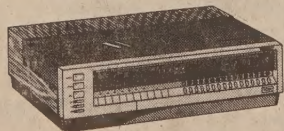
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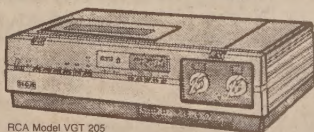
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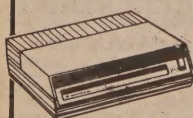
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# Times Journal / sports

## Albany's Cougars eye first title season since 1957

### This year: discipline personnel, purpose

By STEVE TADY

ALBANY — The Albany High football team has been suffering from the kind of identity crisis that usually haunts small town football teams. The Cougars have not won a football championship of kind since 1957, so residents may be shocked to find that the Cougars are on the verge of taking the Alameda County Athletic League crown and with that, a shot to play in the Oakland Coliseum for the North Section 2A football title.

The turnaround at Albany has been sparked by several factors. Coach, Bob Hoyle, who has been at Albany for 17 years, not only as a varsity football coach. A quarterback, Spud Washington, who has the complete confidence of his coaches. A running back, Eric Elmore, who is averaging 7.8 yards a carry. And a pair of first-year players, Lamonte Winston and Earl Moffett, who have instilled a sense of discipline and purpose among the players. And, oh yes, 19 other gritty football players who are ready to be noticed.

Albany suits up just 21 players, barring injury, for the season, but considering the number of students at Albany (700), the turnout is about average in these times of depleted athletic budgets.

"We have six or seven guys going both ways. You see it all around. But numbers don't make too much difference. It's the effective number of players you put out on the field," said Hoyle.

His quarterback also plays defense, a situation most coaches try to avoid. "It's a fun game, it's fun to play defense. It's like it's fun to play offense. Why penalize the kid for liking it?" he said.

Most of the 1982 Cougars have been around for three years. Hoyle thinks it has helped the team.

"We're better because everyone knows the system. It's a team game and they have made the difference. I think it's all the difference — nobody can. They come from many divergent backgrounds, black, white, rich, poor, anything. They respect each other," he said.



Albany grid coaches Earl Moffett (left) and Lamonte Wilson (right) discuss strategies with Cougar quarterback Spud Washington

Winston and Moffett have been playing football together since their Pop Warner days, and they have helped Albany get in shape for the winning season. They played at Skyline High and Merritt College in Oakland.

"These guys have seen the light. All they had before was fun. Now they see if they work hard, they can have fun and win too. Look out there, we haven't had a serious injury all year," said Winston as he surveyed his troops on the practice field.

Washington sighed heavily and concurred. "Yeah, we have run a lot more this year. But we don't get as tired during games. They have installed discipline. We want to say no, but they say yes and we do it," said the senior quarterback.

Washington is fourth in the ACAL in passing and fifth in rushing. Most quarterbacks have negative yardage in the running department, but when Spud feels the pressure, he takes off, and he won't back down from any defensive player on the field. Again, Hoyle must cringe at the sight.

Elmore is averaging almost eight yards per run, but he had a better statistical year last year when he made all-league.

"We have been playing team ball more this year. Last year, it was individual ball. The fact that I made all-league didn't help the team when it comes down to it. I didn't even start at tailback at the start of the year and I'm not sure why, but it didn't matter," he said.

Another flashy offensive performer for the Cougars has been Kenny Garrett, who is second in ACAL receiving. He has made big plays for Albany averaging almost 20 yards a catch.

Garrett notes the improvement in the team and Washington. "We work great as a unit. We know we're all going to play. Spud has been much more confident. He reads defenses real well," said Garrett.

Washington has been given the option to change the call at the line if he feels the need and this has added to his on-field confidence. "Even if I make a bad call, I feel the coaches will stick by me. The audible system has really helped me," said Washington.

Perhaps overlooked in all the offensive stardom and new coaching has been the Albany defense. It ranks first in the league and, although about half the offensive unit plays on defense, the defense has its own sense of pride.

One of the Cougars enjoying his first year on the varsity is Dwayne Norfleet, the anchor of the defensive line. "Dwayne is the most improved player on this team," said Washington. "He feels nobody can stop him."

With the speedy Garrett and Washington in the defensive backfield, opposing coaches might find it hard to pick on someone back there. "If the offense gets 20 points, I feel there is no way we can give up 20 points," said Washington, suddenly plugging the defense.

So the small city of Albany may have a football title soon. Nothing would please Hoyle more.

"The faculty has started to come up and ask questions about what's going on. This is an attractive school with a good academic reputation. If we win it, maybe we can get some hunkers out here," he said.

Coach Hoyle may insist that the game is fun, but he is having much more fun now that his Cougars are closing in on their first title in 25 years.

## E.C. cross country team benefit run set

EL CERRITO — As a benefit to help defray the cost of fielding El Cerrito High School's cross country program, the second annual Point Isabel Run, a five-kilometer "rain or shine" event, will be staged Nov. 28 at 9 a.m. in Richmond.

Nov. 22 is the deadline for pre-registration entry fees of \$4. Registration on race day at Point Isabel between 7:30 and 8:30 a.m. will be \$5. Registration fees can be mailed to Betty Bloomer at 178 Ardmore Rd., Kensington 94707. She is taking telephone inquiries at 525-8037. Checks should be made payable to ECHS X-Country Fund.

All finishers will receive ribbons. The overall male and female winners will receive plaques, and medals will be awarded to the first three finishers in each division.

Male and female divisions include 14 and younger, 15-17, 18-29, 30-39, 40-49 and 50 and older. Runners under the age of 18 need written parental consent to compete.

## Albany needs another win for ACAL crown

By JON ROCHMIS

EL CERRITO — Harry Ellis High doesn't want to do Albany any favors in the Cougars' quest to capture their first league championship since 1957, but El Cerrito's Randy Enos knows it will be tough to score on Albany's fifth-ranked (2A) team.

"They are awfully stingy," Enos said while preparing today's 3 p.m. game at El Cerrito High. "We feel we have a 110 percent performance from each of our players."

All Alameda County Athletic League games were scheduled for Wednesday because Thursday is a holiday. Most of the league coaches, Enos said, wanted to settle the league as quickly as possible.

Albany (4-1 in league, 6-2 overall) needs a win for the title. The Cougars can still lose and hope San Leandro will lose to Pacific, but Albany coach Bob Hoyle doesn't want to back into the championship.

"We're pointing to Ellis right now," Hoyle said. "That's our main concern. Nobody around here is talking about the playoffs."

Playing two days early doesn't bother the second-year coach. "We didn't get hurt against Piedmont," he said. "An offense like ours, injuries don't come often."

The Cougars run an option offense behind the talents of "Spud" Washington. "If the other team gangs up on the dive hole, the ball will be on the outside and they'll be in trouble," Hoyle said. "Teams that run pro-sets really have a fullback and runningback that take a lot of punishment. Three or four guys tackle the guy with the dive hole, but in our offense, one or maybe two players are the tacklers."

Enos, ever confident despite a 1-4 league record and 2-6 overall, is anxious to see how tailback Travis Williams, and quarterback Reggie Glover can do against the Cougars.

"We think they can be successful," Enos said. "But it depends on how the line plays."

The Falcons will have Jesse Gurule back from an injury, which will fortify the line.

However, Hoyle said the Cougars are getting even better on defense. "The guys are just playing better," he said. "We still think we can play better defense."

The Cougars were able to hold down pass-happy El Cerrito, 26-0, last week. Hoyle said that was a result of

the team's preparedness.

"During summer, we told the kids we would learn everything we had to by the end of double-days," he said. "Most people had to change everything defensively when they played Piedmont, but we didn't have to. Piedmont was unique and they cause an awful lot of problems, but we were able to contain them."

The Cougars have scored 108 points while allowing only 59 in league. Before Friday's game, they permitted just 288 rushing and 277 passing yards all year.

And the offense is also explosive. "Spud is probably the best athlete in the league," Enos said. "Albany's got real exciting players. But our kids are enthusiastic. We'd like to be spoilers."

In the 2A poll, De La Salle (33-20 win over St. Mary's) received all 10 first-place votes again and is ranked at the top. Arroyo (20-0 over Mt. Eden), Skyline (9-0 over Fremont) and Oakland (19-8 over Oakland Tech) are ranked second, third and fourth, while Salesian and St. Mary's are sixth and seventh.

Hayward (38-6 over Sunset), San Leandro (22-6 over Tennyson) and Castro Valley (14-13 over San Lorenzo) round out the 2A poll.

In the 4A poll, Monte Vista picked up another first-place vote but Northgate continues to lead with seven. Northgate nipped Clayton Valley 17-14 while Monte Vista ripped Livermore 17-8 last week.

Kennedy-Fremont (14-7 over Mission San Jose) and El Cerrito (7-6 over Pinole Valley) continue to hold down the third and fourth spots.

No. 5 is Ygnacio Valley, which tripped College Park, 20-16. Antioch moved up to sixth after trouncing Concord 19-16, and Clayton Valley slipped to seventh.

De Anza moved up two notches into a tie for eighth with California. The Dons pounded Richmond, 24-10, while the Grizzlies knocked off Foothill, 27-6.

Livermore was ranked 10th.

In this Friday's games, the Richmond-Berkeley Athletic League season comes to a close with Berkeley at De Anza, Kennedy at El Cerrito and Richmond at Pinole Valley. All kickoffs are at 7:30 p.m.

Saturday, the Catholic Athletic League championship will be decided as Salesian visits De La Salle at 1:30 p.m. St. Mary's will travel to play Bishop O'Dowd.

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# Churches

## ALBANY

### First Baptist Church of Albany

Worship service on Sunday begins at 11 a.m. with Pastor Alan Newlove continuing his series on "Our Walk in the Spirits" from the Book of Acts. Sunday School classes begin at 9:30 a.m. At 6 p.m. the membership class meets. At 7, there is a prayer service.

Wednesday, Nov. 10, at 7:30 p.m. the Bible study group will meet at 1138 Stannage Ave to study the Book of Revelation. Monday, Nov. 15, at 7:30 p.m. the young married couples meet at 832 Lexington Ave., El Cerrito.

The American Baptist Women's missionary meeting will be held at 10:45 a.m. on Thursday, Nov. 11 in Fellowship Hall. Following a bag lunch, Officer Larry Murdo of the Albany Police Department will speak on self-protection. Tuesday, Nov. 16, the Sharp Missionary Circle will meet at 407 Cornell Avenue, Apt 4, Albany, at 7:30 p.m.

The church is located at 1319 Solano Ave., Albany. Phone 526-6632.

### St. Alban's Episcopal Church

Wednesdays at 11:30 a.m., the Rev. Warren Debenham conducts a service of Holy Communion and the laying on of hands.

On Nov. 14, the 24th Sunday after Pentecost, the Rev. Russ Moore will preach. Debenham will celebrate Holy Communion, assisted by Moore and Nabil Jacob, lay reader. Those wishing to receive the laying on of hands may go to the back of the church after receiving communion.

The senior choir will sing the offertory anthem. Earl

Rogers and Leaf Williams will be ushers. A coffee hour will follow the 10 o'clock service.

The church is located at 1501 Washington Ave., Albany. Phone 525-1716.

### Albany United Methodist Church

"A Faith for Hard Times" will be the sermon topic of the Rev. Virginia Hilton at 11 a.m. on Sunday, Nov. 14. Velma Dowling, a lay leader of the church, will be worship leader.

Clay Berling continues his series on "A Christian Looks at the Economic Situation" at 10 a.m.

The administrative council meets at 7:30 p.m. Thursday, Nov. 18; Jerome Blank is chairperson. All women of the church will gather at 12:30 p.m. Tuesday, Nov. 16, for a general meeting of United Methodist Women.

Regular activities of the church include: Bible study with the pastor, 7:30 p.m. Mondays; quilters' workshop, 9:30-3, Wednesdays; prayer group, 12:30-3, Wednesdays.

The church is located at 980 Stannage Ave., Albany. Phone 526-7346.

## EL CERRITO

### Bay Area Seventh Day Baptist Church

The church and its pastor, the Rev. Stephan Saunders, invite the public to attend services every Saturday in the chapel of the United Methodist church at 6830 Stockton Ave. Service begins at 10:30 a.m. Sabbath school follows at 11:45.

A potluck lunch is held each week to allow time for fellowship and discussion. All are invited to join the lun-

cheon.

Bible studies are held in several communities weekly. For more information, call 527-2055 or 757-6426.

### Word of Faith Church

The church, located at 1206 Lincoln Ave. in Alameda, has home Bible study for the Albany-El Cerrito area. Everyone is welcome.

Study group meets Monday nights in Albany. For information call Martha Beckhusen, 526-8512 or Pastor Hal Tomlinson, 523-4754.

### Grace Lutheran Church

On Sunday, Nov. 14, at 9:30 a.m., the Rev. O.R. Janke, pastor emeritus, will speak on "Faith and Commitment" from Luke 7:1-10. After the service, all are invited to a fellowship hour. Sunday church school and Bible class will meet at 10:30 a.m. in the Parish Hall.

Holy Communion is administered the second and fourth Sunday of each month.

Wednesday, Nov. 10, from 2:30-3:30 p.m., the children's craft class will meet. At 6:30 p.m., the confirmation class will meet.

The sewing and craft class will meet on Thursday, Nov. 11, at 9:30 a.m. in the Parish Hall, followed by a brown-bag lunch at noon. Sewing will continue after lunch.

The drawing of the handmade quilt will be raffled on Sunday, Dec. 5 at the fellowship hour after the 9:30 a.m. worship service. The winner need not be present: notification will be by telephone.

The church is located at Santa Fe and Ward in El

Cerrito; phone 525-9004 mornings, or 525-9004 evenings.

## THOUSAND OAKS

### Northbrae Community Church

On Sunday, Nov. 14 at 11 a.m., the church's new committee will report to the congregation. The committee also feature musical selections by David Chen. Nursery facilities are available on Sunday, Nov. 14, 12:15 a.m. in Haver Hall. A special service will be held.

Church school classes begin at 10:30 a.m. on Sunday.

The Forum is held at 10:10 a.m. on Sunday. A series of biblical studies of the role of women in the life of Israel led by Rev. Lynn Johnson will be held.

The community dinner on Wednesday, Nov. 10, will feature a Thanksgiving dinner. The program "Japan Unmasked" in a presentation by David Chen will be held at 6:30 p.m. in the Chapel at 7:10; program begins at 7:10. Adults, \$2.00 for children. Call 526-7346.

Northbrae is located at 941 the Alameda and is held in the Chapel directly behind the church. Everyone is welcome.

## THOUSAND OAKS

### Thousand Oaks Baptist Church

At the 10:30 a.m. worship service on Sunday, the Rev. Eugene Paden will bring the message "Hope for a Change, Even the Vietnam." He will perform and there will be a children's message by David Chen will bring a message on "The Power of the Word." A special service will be held at 6:30 p.m. on Nov. 17, there will be a dinner at the church. Make reservations with 526-3773. Child care will be provided.

Kid's Club for 4th through 8th graders will meet on Friday from 3:30 to 5 p.m. under the leadership of Broughton and Jim Kennon. All are invited to join our church. Make reservations with 526-3773. Child care will be provided.

At 6:30 p.m. on Nov. 17, there will be a dinner at the church. Make reservations with 526-3773. Child care will be provided. Kid's Club for 4th through 8th graders will meet on Friday from 3:30 to 5 p.m. under the leadership of Broughton and Jim Kennon. All are invited to join our church. Make reservations with 526-3773. Child care will be provided.

The church is located at the corner of north of Solano Avenue.

## EAST BAY

### Berkeley Buddhist Priory

The priory recently opened at 1238 Market Street (Santa Fe) in Albany. The Priory, Rev. Vagabond invites the public to attend meditation periods Tuesday through Sunday.

Instruction in Soto Zen meditation will be held the first Sunday of each month from 10:30 to 11:30 a.m. and includes vegetarian lunch. Classes will be held in the upcoming months. A small library are also available. For additional information call 521-3139.

The priory is affiliated with Shasta Zen Buddhist seminary and monastery in Berkeley founded by Rev. Roshi Jiyu Kennett in 1970.

## CHINESE RHENISH CHURCH

This bilingual (Cantonese and English) church welcomes the public to worship every Sunday, 11 a.m., with Sunday school classes for all ages. The pastor is the Rev. Luke Hoy-Sun.

The following weekly classes are offered: Bible study, Wednesday, 8 p.m.; Chinese Thursday, 8 p.m.; youth fellowship, Friday, 7:30 p.m.; Chinese language school, Saturday 9:30 a.m.; family and individual counseling by appointment. Call Dr. Loke at 232-0579 or 232-1072.

The church is located at 4709 Macdonald Richmond. Phone 232-1072.

## NORTH CONGREGATIONAL CHURCH

At the regular 11 a.m. Sunday service, Graham will speak on "The Relative Age" based on Hebrews 6:1-20. Assisting will be a seminary intern from the Pacific School of Theology, Edward Caine who will share in the presentation.

The adult Bible study seminar meets at 9:30 a.m. in the Babcock Room with the group is this quarter studying the Book of Romans (according to Paul). This group is open to women of all ages, and welcomes new members.

The women's fellowship meets Thursday, 11 a.m. for a dessert lunch and program. White will give an illustrated talk on "The Pilgrimage" using slides from the Plymouth Plantation and Plymouth, England. The group will lap robes for use in the Veteran's Hospital and is collecting small gifts for the patients of the Hospital in Oakland.

On Nov. 25, the Co-Weds group will sponsor a free traditional Thanksgiving dinner for the church for young couples and single widows and widowers. Reservations are being accepted. The group will ask anyone attending to bring a turkey. The meal. Turkeys will be provided by the church.

For further information call 648-1201 or 527-3134.

The church is located at the corner of Walnut in North Berkeley. Phone 846-1201 (evenings).

## RODEO FULL GOSPEL CHURCH

Interdenominational evangelistic services each Tuesday and Thursday at 7:30 p.m. and 11 a.m. and 6 p.m. with Houston Methodist Church. "The Singers for Jesus."

The church is located at 715 San Pablo Ave. Phone 235-9374 or 657-7705.

## Local poets get awards

The Ina Coolbrith Circle recently held its Annual National Poetry Day Banquet. The following local poets received prizes:

Anne Fox of El Cerrito received fifth honorable mention in the category of light of humorous verse for "Mother's Day: No Idyl Warning."

Elna Forsell Pawson of Albany received second honorable mention for "Cabrillo" in the category of California history.

Jim Williams of El Cerrito received fifth honorable mention for "two hundred twenty feet above hell" in the category of California history.

Elna Forsell Pawson of Albany received second place for "San Francisco" in the category of old San Francisco.

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# Schools

## RUSD dumps sex ed rule on parental OK

Board accepts PTA council's idea

By BARBARA ERICKSON

The Richmond Unified school board, at the request of a parents group, has scrapped a policy requiring students to get parental permission to take classes in sexual disease or sex education.

On a 4-1 vote, with board member Goy Fuller dissenting, the panel recently loosened up requirements for students to attend sessions on these subjects. The board acted on a recommendation by the West Contra Costa PTA Secondary Council.

Fuller said he had initiated the more rigid policy and regretted it because "this way we're sure parents have been notified."

He charged that the issue had been "sneaked onto the agenda without telling the general public what this is."

Wednesday's agenda listed permission slips, he said, but did not specify what for.

He said later in the week that the PTA "wants to instruct children how to perform sex without their parents' permission."

Superintendent Richard Lovette said the district "repealed the old policy because 'we had tremendous concerns at the time and we decided a negative response was not sufficient.'"

The requirement has caused little controversy, he said.

Fuller said parents had objected several years ago because "there were some atrocious programs at the

time."

Under the former policy, parents had to sign permission slips before students were allowed in class. Now students will be excused only if their parents send in notices objecting to their attendance.

State law allows districts to use either system, but it requires notice to parents in any case.

Human sexuality and venereal disease information are taught in short units within Richmond Unified regular courses. Students whose parents object are excused only while the class is studying these units, for up to two weeks at a time.

The subjects are taught in fifth and sixth grade, in junior high physical education courses, and in a variety of high school courses, including biology, sociology, and general science.

Jackie Fonken, second vice president of the PTA council, said she got involved in the issue when her own child failed to bring a permission slip home and was not allowed in class. A change in policy would save book-keeping hours for teachers, she said, and would help students who failed to get into the units because of an oversight.

Kathy Weinstein, head of the Comprehensive Health Education Task Force, reported to the board on a survey of permission slip use. She said that last year there were 47 requests for exemptions at the fifth and sixth grade level out of 2,813 students.

At the junior high level, parents of five out of 1,330 students asked for exemptions, although 246 youngsters were excluded from class for failure to return slips. At the senior high level in 1981-82, there were three requests for exemptions out of 2,551 students involved.

# Coming up

## Youth soccer clubs schedule 'big game'

The third annual "big game" for the traditional youth soccer boot brings rivals Cal and Stanford together on the field. The teams square off Sunday, Nov. 14, at 1:30 p.m. at Memorial Stadium, a U.C.-Berkeley.

Cal currently holds the trophy which it won back from Stanford last year.

The game is the major fund raiser for local youth soccer clubs under the auspices of the Alameda/Contra Costa Youth Soccer League. Clubs earn one dollar for each ticket sold, and the ACCYL receives fifty cents to cover expenses of the game.

The \$1.50 advance tickets are sold by soccer club members and are also available at Jade Soccer Centers in Concord, Concord, Albany and Hayward. Tickets are \$2.00 at the gate.

A half-time drawing will be held for prizes including a game console, a bicycle and a warm-up suit and a champagne.

For further information contact John Schweizer, Alameda/Contra Costa Youth Soccer Chairperson, at 228-8400 or 526-3214 (after 6 p.m.).

The four Jade Soccer Center Locations are: Albany, 555 West Tennyson Rd.; Concord, 4475 J Treat Blvd.; Hayward, 555 West Tennyson Rd.; and Oakland, 2433 Broadway Blvd.

## Player present at world premiere

The Berkeley Contemporary Chamber Players, directed by Oly Wilson, will present the world premiere of Robert Greenberg's string quartet, "Breaths, Voices, Silence," during a concert on Monday, Nov. 22 at 8 p.m. at U.C. Berkeley's Hertz Hall.

The program will include Wilson's Trio for violin, viola and piano, Cursive for flute and piano by Wen Chou, Berio's Sequenza No. VIII with Ronald Brown, solo violin, and the Bay Area premiere of Jonathan Wainwright's Music of Amber.

Reserved tickets are \$3 general, \$2 student.

## Wheeler trained

Private Robert B. Wheeler, son of John T. Wheeler of the U.S. Marine Corps, has completed training at the Marine Recruit Depot, Parris, Georgia.

During the 11-week training cycle, he learned the basics of battlefield survival, participated in a physical conditioning program and gained proficiency in a variety of military skills, including first aid, marksmanship and order drill.

## Is Retirement Hazardous to Your Health?

Maybe, if you aren't prepared for the financial, emotional and physical changes that retirement often brings. Herrick Hospital and Health Center presents a free community forum, "Planning for a Healthy Retirement."

Thursday, Nov. 18 from 7 to 9 p.m.

Moderator: Earl Simburg, M.D.

For reservations, call 540-4490

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## Commonhealth sets low-cost screenings

CommonHealthCare is a health care program designed to place responsibility for wellness in the hands of the individual.

This organization provides low-cost screening (next one Nov. 18), risk reduction programs, health education and health promotion services.

It is located in Oakland at 116 Monocito Ave. (off Grand Avenue). A blood pressure clinic is offered the first Thursday of each month.

Some of the services offered to members include health screening and personal profile, electrocardiogram, Pap test and instructional breast examination, physical examination by a nurse practitioner, cardiac risk panel and special screening clinics for vision, hearing, podiatry, back and stroke.

The health screening and personal health profile include height, weight, blood pressure, urinalysis, stool guaiac test for rectal cancer, lung test, TB test, panel of 31 blood tests, health risk appraisal and educational result session.

To make an appointment or obtain further information, call 834-9022.

## Berkeley Y sets book sale

The Berkeley Community YWCA's Used Book Fair/Sale and Open Poetry Reading will be held from 10 a.m. to 4 p.m. Friday, Nov. 8, upstairs at 2134 Allston Way.

Maggie Meyer, of the Bay Area Poets' Coalition, will be among the readers. The public is welcome.

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## Obituaries

### John Ruedrich

EL CERRITO — John H. Ruedrich, a 30-year resident of El Cerrito, died October 23 at Brookside Hospital. He was 64.

Mr. Ruedrich, a native of Berkeley, was a graduate of University High School and served in the Civil Air Patrol. He was a radio technician and was employed at a electronics technician with Syston Donner until 1974. He is survived by one brother, Walter Ruedrich of Orinda; two daughters, Camille Hunt of Kensington and Melanie Willmann

of El Cerrito, two granddaughters; Vanessa and Rebekka Hunt, and two grandsons; Zachary and Joshua Willmann.

The Neptune Society handled the arrangements.

### Elvi L. Bono

EL CERRITO — Mrs. Elvi L. Bono, a long time local resident, died recently at Ellis Olson Mortuary.

A native of Berkeley, Mrs. Bono died in a Berkeley hospital. She was 65. She is survived by a daughter, Gail Dockham of Concord; a brother Arvo Nyland of Oregon; two grandchildren and one great-grandchild.

Services were officiated by the Rev. Charles Bancroft. Burial was at Sunset View Cemetery.

The family prefers that memorials be in the form of donations to the American Cancer Society, 10290 San Pablo Ave., Suite 102, El Cerrito 94530.

### Rene Valdivia

KENSINGTON — A rosary for Rene J. Valdivia, who died Nov. 2 in San Pablo at the age of 33, was held at Ellis Olson Mortuary last week.

Mr. Valdivia was a native of Oakland who lived in Kensington. He was a longshoreman for the Pacific Maritime Association and a member of the International Longshoremen Workers' Union Local 10 of San Francisco.

Survivors include his parents, Joel and Maria Valdivia of Kensington; two brothers, Hector Valdivia of Oakland and Mario Valdivia of Berkeley; three sisters, Ophelia Linstead of Oroville, and Irma Baldrige and Christina Valdivia, both of Richmond; and a grandmother, Josephine Perez of San Pablo.

Burial was at St. Joseph's Mausoleum.

### Albany Cubs will serve pancakes

The annual Cub Scout Pack 3 pancake breakfast will be held on Nov. 21 from 7:30 a.m. to 12:30 p.m. in the Cornell School Cafeteria.

There will be a door prize drawing. One prize is a turkey (not live). Cost: adults \$2, children under 10 and senior citizens over 65, \$1. With each ticket the purchaser receives a coupon for \$2 off any large type pizza at Red Vest Pizza.

### Nova Brown exhibit set

KENSINGTON — The Sculpture Studio and Gallery, 450 Colusa, Kensington will show original drawings by illustrator and wildlife artist Nova Brown.

The exhibit opens Nov. 27, and runs through December. Also on display are sculpture; bronze, terracotta, stoneware. Rake pots and weaving.

Hours are Wednesday through Saturday, 11 a.m. - 5 p.m. and some evenings during the holiday season and by appointment: 524-4905.

### New club uses video

EL CERRITO — A new Toastmasters Club which will use the video facilities of Televents Cable is being formed in El Cerrito.

The goal of this club is to give interested parties experience on both sides of the video camera.

Toastmaster is an international organization of men and women improving their speaking, listening and leadership skills in a supportive environment. Meetings are open to everyone. For further information please call 234-8919.

### Ski fair scheduled

REI Co-op will hold a Ski Fair on Saturday, Nov. 13, 10 a.m. - 5 p.m.

Planned are ski films, demonstrations and classes.

Recreational Equipment, Inc. is located at 1338 San Pablo Ave, Berkeley.

### Cellist sets program

Cellist Sally Browne will present a program at the meeting of the East Bay League of the San Francisco symphony at 10 a.m. Tuesday, Nov. 16. Alma Oberst, 708 Arlington Ave., will be hostess.

A student of Michael Grebanier, principal cellist of the San Francisco Symphony, Browne will give a demonstration, play some selections and answer questions.

Browne plays with the Berkeley Promenade orchestra and the orchestra of Holy Names College where she is a student. She also plays with various church groups.

### Need a a flu shot?

Influenza shots will be available at Alameda County health center for \$2 through Dec. 17.

The flu vaccine is recommended for anyone 55 years of age and older and persons of any age with chronic disease such as heart, lung and kidney problems or diabetes or severe anemia.

This year's immunization gives protection against A/Brazil, A/Bangkok and B/Singapore viruses.

For times and dates, call the county immunization coordinator at 874-6658.

### Robber gets 25-year term

EL CERRITO — A 27-year-old Richmond man was sentenced Friday in San Francisco by U.S. Judge Samuel Conti to the maximum 25 years in prison for the armed robbery of the Co-op Credit Union in El Cerrito.

Orlando D. Glasco previously had been found guilty of the July robbery. He was arrested July 30 after a joint investigation by the FBI and El Cerrito Police Detectives Ronald Boak and Michael Capuano.

### Elders get money for weatherizing

EL CERRITO — El Cerrito Senior Services hopes to reach local seniors about a zero interest loan program for home weatherization.

This program, made available by PG&E, offers "no interest" loans up to \$1,000. The loans are paid back over 50 months, and are available for six basic measures which save energy costs.

Persons interested in learning more should call Ann Goode at 526-0124 or the Senior Services office at 234-7447.

### E.C. Cards to face Galu Realty battle

EL CERRITO — Entrenched in fourth place in Win-Standings, the El Cerrito Cardinals will take a road into next Sunday's 11 a.m. game against Galu at Golden Gate Park.

The Cards reached the .500 plateau last Sunday at Big League where Bill Reagan fired a shutout and Phil (Fuzzy) Knocks in two runs during a 4-0 triumph over New Restaurant.

Reagan struck out three and walked three while Fuzzy collected three of El Cerrito's nine hits, and Joe Souza, who was aboard on a double, in the fifth inning and delivered another RBI single in the sixth after Berlin German had walked and Souza struck out his third hit of the day.

El Cerrito's other two tallies came in the sixth inning. Kirk Forbes was safe on an error and stole second, and Lovesth singled for an RBI and Larry Esquibel had a run-scoring double.

# SPECIALS

## AD PRICES GOOD 7 FULL DAYS

### Emperor Grapes

Bunches of Juicy Flavor for a Perfect Lunch Time or Afternoon Snack

lb. **49¢**

### Walnuts

New Crop from California

lb. **88¢**

### Navel Oranges

Fresh, New Crop Oranges from California

3 lbs. **89¢**

### Yellow Onions

U.S. #1, Great on a Hamburger or a Safeway Quality Beef Steak

8 lbs. **\$1**

### Green Beans

Tender Young Beans that are Excellent with Fish, Meat or Poultry

lb. **49¢**

### Leaf Lettuces

Green, Red or Butter

3 for **89¢**

### Bunch Spinach

Fresh and Crisp

3 for **89¢**

### Centennial Yams

or Garnet

lb. **39¢**

### Bell Peppers

Perfect for Stuffing

lb. **49¢**

### Mums

6 inch Pot

2 for **\$10**

### Zygo

Thanksgiving Cactus

4" Pot **\$189**

### Pomegranates

Large Size

4 for **\$1**

### Persimmons

Large Size

4 for **\$1**

### Kiwi Fruit

from California, Tangy & Refreshing

3 for **\$1**

### Ruby Grapefruit

New Crop, Fresh and Juicy, from the Famous Coachella Valley

6 for **\$1**

### Del Monte

Catsup, 44 ounces

SAVE **\$1.29**

### 9-Lives

Cat Food, 6.5 ounces

BUY 3 SAVE **29¢**

### Tampax

Original, Regular or Super Tampon, 40 count

SAVE **\$2.75**

### Biscuits

Mrs. Wright's, Homestyle & Buttermilk, Refrigerated, 8 oz.

BUY 6 SAVE **78¢**

6 for **\$1**

### Contac Capsules

10 ct. **\$1.89**

### Finesse Conditioner

35¢ OFF LABEL, 11 ounces

**\$1.69**

### Jhirmack Hair Spray

Aerosol, 8 oz.

**\$1.99**

### Right Guard

Bronze, 10 ounces or Anti-Perspirant Powder, 6 ounces

**\$2.39**

### Curity Soft Puffs

60 count

**69¢**

Our Newest Safeway Opens Nov. 13 at 1499 Washington Avenue in San Leandro.

### NATURAL FOOD CENTER

Blanched Peanuts Bulk, Roasted & Salted **\$1.98**  
Roasted Trail Mix Bulk **\$2.97**  
Strawberry Guava Knudsen, 32 oz. **\$1.59**  
Nature's Cupboard Whole Wheat Raisin Bread, 24 ounces **\$1.49**

### Crushed Wheat

Mrs. Wright's Bread, 1 1/2 lb. loaf

SAVE **24¢** **59¢**

### Italian Style Bread

Mrs. Wright's, 1 1/2 lb. loaf

**79¢**

### Oatmeal Bread

Mrs. Wright's, 1 1/2 lb. loaf

**87¢**

### IN-STORE BAKE SHOP

Layer Cake Black & White, Large 8 inch Two Layer Cake (You Save \$1.26 ea.) **\$4.99**  
Gourmet Apple Pie Large 8 inch Deep Dish Pie (You Save \$1.00 ea.) **\$2.19**  
Donuts Old Fashioned (You Save 65¢ on 5) **5 for \$1**  
Blueberry Muffins (You Save 50¢ a pack) **\$1.29**  
Nature Plus Bread 1-lb. loaf (You Save 30¢ ea.) **89¢**

Available at In-Store Bake Shops only.

### Ramen Noodles

Town House, 3 oz. (Case of 24, \$3.99)

BUY 6 SAVE **50¢**

6 for **\$1**

### Premium Saltines

SAVE **30¢**

Nabisco, 16 ounces

SAFEWAY SPECIAL

**89¢**

**SAFEWAY**



# TODAY'S SAFEWAY

## Where You Get a Little Bit More

# SAFEWAY

**Jimmy Dean Sausage** \$1.79  
Pure Pork, Regular or Hot 12 oz.

**Armour Golden Star Ham** \$3.59  
Boneless 1 lb.

**Armour Star Hot Dogs** \$1.59  
Meat or Beef 1-lb.

**Armour Star Sausage** \$2.59  
Polish 1-lb.

**Armour Star Mira-Cure** \$2.19  
Sliced Bacon 1-lb.

**Armour Star Mira-Cure** \$4.37  
Sliced Bacon 2-lb.

**Armour Beef Patties** \$3.09  
Frozen 1½ lb.

**Ball Park Franks** \$1.89  
Meat or Beef, Hygrade 1-lb.

**Sizzlean Breakfast Strips** \$1.69  
Swift, Regular, Brown Sugar or Beef Strips 12 oz.

**Gallo Sliced Salami** \$1.89  
Italian, Dry 6 oz.

**Gallo Salami Chub** \$3.39  
Italian, Dry 13 oz.

**Eveready** \$1.09  
General Purpose, C, 935-4 or D, 950-4 4 Pack

**Mr. Coffee** \$1.49  
Filters 200 ct.

**C & H Sugar** \$3.29  
10 lb.

**Shasta** \$1.49  
Soft Drinks, 6-12 oz. Cans

**Hershey's** \$1.35  
Milk Chocolate Frosting, 16.5 oz.

**Crisco Oil** \$1.69  
32 oz.

**Guittard** \$1.69  
Gourmet Touch Real Chocolate Chips, 11.5 oz.

**Blue Bonnet Margarine** 49¢  
1-lb.

**Kraft Process Cheese** \$2.35  
Deluxe, Slices 12 oz.

**Gravy Train** \$4.79  
Dog Food 10 lb. Bag

**Nabisco** \$1.13  
Cheese Nips, 15 oz.

**Planters Peanuts** \$1.79  
Cocktail, Unsalted, 12 oz.

**Shredded Wheat** \$1.49  
Spoon Size, Nabisco, 18 oz.

**Wylers** \$2.55  
Drink Mixes, 8 quart (2 quart, 13¢)

**A-1 Steak Sauce** \$2.99  
15 oz.

**Hi-C Fruit Drinks** 89¢  
46 oz.

**Celestial Seasoning** \$1.49  
Tea 24 ct.

**Camp Pure Syrup** \$1.79  
Maple 8.5 oz.

**Herb Ox Broth** 47¢  
Instant 8 ct.

**Mennen** \$2.19  
Anti-Perspirant, Speed Stick 2.5 oz.

**Mitchum** \$2.19  
Aftershave 4 oz.

**Reach Toothbrush** \$1.19  
Each

**Fixodent** \$2.19  
2.5 oz.

**Soft & Dri** \$2.19  
Anti-Perspirant, 60¢ OFF Label 6 oz.

**Dixie Spring Medley** \$2.29  
Cold Cups 7 oz. 100 ct.

**Paper Plates** \$2.29  
7 in. 50 ct.

**Paper Plates** \$2.49  
9 in. 50 ct.

**Purina Chuck Wagon** \$4.99  
Dog Food 10 lb.

**Gravy Train** 89¢  
Canned Dog Food, 14 oz.

**Dog Chow** \$1.49  
Purina, 50 lb.

**Meow Mix** \$5.49  
Purina, 7 lb.

**All Detergent** \$3.00  
Concentrated, 35¢ OFF Label, 84 oz.

**409 Cleaner** \$1.39  
Trigger Sprayer, 22 oz.

**La Creme** 99¢  
Whipped Topping, Frozen, 9 oz.

**Petroleum Jelly** 99¢  
Vaseline, 3½ oz., SAVE 50¢ each

**Pond's Cold Cream** \$2.69  
Large 6.1 oz. or Dry Skin Cream, Large 6.5 oz.

**Q-tips Cotton Swabs** 99¢  
170 ct., SAVE 42¢ each

**Intensive Care** \$1.45  
Lotion, Vaseline, SAVE 20¢ each

**Suave** \$1.39  
Roll-On, Deodorant, 3 oz., Shampoo or Conditioner, 16 oz. or Set Lotion, 12 oz.

**Geritol** \$3.99  
Tablets 40 ct.

**Efferdent** \$3.69  
96 ct.

**Contac** \$1.89  
Capsules 10 ct.

**Formula 44 D** \$4.65  
Cough Syrup 8 oz.

**Formula 44** \$4.25  
Vicks, Cough Syrup 8 oz.

**Vicks Improved** \$2.15  
Cough Syrup 3 oz.

**Sinutabs** \$2.25  
Extra Strength 24 ct.

**Baby Fresh** \$1.59  
Wipes 40 ct.

**Sara Lee** \$1.79  
Pudding in the Middle Cakes 15.5 oz.

**Minute Maid** 69¢  
Lemonade, Frozen Concentrate, 12 oz.

**Minute Maid** 99¢  
Apple Juice, Frozen Concentrate, 12 oz.

**Minute Maid** \$1.09  
Chilled Lemonade or Punch, 64 oz.

**Minute Maid** 99¢  
Orange Juice, Chilled, 32 oz.

**Minute Maid** \$1.69  
Orange Juice, Frozen Concentrate, 16 oz.

**Snow Crop** \$1.19  
Five Alive Frozen Concentrate, 12 oz.

**Betty Crocker** \$1.19  
Snackin' Cake, 13.5 oz.

**Kraft Caramels** \$1.19  
14 oz.

**Mix 'n Eat Cereal** \$1.19  
Instant Hot Cream of Wheat, 10 oz.

**Nestle's Chocolate** \$1.19  
Semi-Sweet Morsels, 12 oz.

**Taster's Choice Coffee** \$1.19  
Freeze Dried, Regular, 4 oz. (Decaffeinated, 4 oz., \$2.19)

**Pepperidge Farms** \$1.19  
Mint Milano Cookies, 7 oz.

### SAVE EVEN MORE WITH BUDGET PLEASING COUPONS FROM SAFEWAY

**SAFEMAY COUPON**  
With This Coupon D.C.  
**Secrets**  
Maximum Strength, 24 ct.  
**25¢ OFF**  
Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEMAY COUPON**  
With This Coupon D.C.  
**Atra Blades**  
With Free Razor, 5 ct.  
**25¢ OFF**  
Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEMAY COUPON**  
With This Coupon D.C.  
**Stresstabs**  
600, With Iron or With Zinc, 60 ct.  
**\$1.00 OFF**  
Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEMAY COUPON**  
With This Coupon D.C.  
**Duracell Battery**  
Alkaline, D, 1300 B2 2 Pack, 9 Volt, 1500 B4, 4 Pack, 9 Volt, 1500 B4, 4 Pack, 9 Volt, 1500 B2 2 Pack or AA, 1200 B2 2 Pack  
**50¢ OFF**  
Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEMAY COUPON**  
With This Coupon D.C.  
**Centrum**  
Multi-Vitamin Combo Pack, 130 ct.  
**\$1.00 OFF**  
Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEMAY COUPON**  
With This Coupon D.C.  
**Eveready Battery**  
Super Heavy Duty, D, 1300 B2 2 Pack, AA, 1200 B2 2 Pack, C, 1200 B2 2 Pack, 9 Volt, 1500 B4, 4 Pack, 9 Volt, 1500 B2 2 Pack or AA, 1200 B2 2 Pack  
**40¢ OFF**  
Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEMAY COUPON**  
With This Coupon D.C.  
**Maybelline Cosmetics**  
or Skin Care Items, Each  
Choose any item from our selection.  
**25¢ OFF**  
Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEMAY COUPON**  
With This Coupon D.C.  
**Eveready Battery**  
Energy AA, 1200 B2 2 Pack, C, 1200 B2 2 Pack, 9 Volt, 1500 B4, 4 Pack, 9 Volt, 1500 B2 2 Pack or AA, 1200 B2 2 Pack  
**50¢ OFF**  
Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEMAY COUPON**  
With This Coupon D.C.  
**Vidal Sassoon**  
8 oz. or 12 oz. Shampoo or 4 oz. Scalp Conditioner  
**50¢ OFF**  
Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**SAFEMAY COUPON**  
With This Coupon D.C.  
**Eveready Battery**  
General Purpose AA, 1200 B2 2 Pack, D, 1300 B2 2 Pack, C, 1200 B2 2 Pack, 9 Volt, 1500 B4, 4 Pack, 9 Volt, 1500 B2 2 Pack or AA, 1200 B2 2 Pack  
**25¢ OFF**  
Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

**Soft White Light Bulbs** \$1.99  
60, 75 or 100 Watt, 4 Pack

**3-Way Bulb** \$1.39  
50-100-150 Watt, Each

**ACT** \$2.79  
Anti-Cavity Treatment, 18 oz.

**Maxithins** \$2.99  
30 ct.

**World Kasei Filter Tip** \$1.09  
Disposable Cigarette Filter 15 ct.

**SAFEMAY COUPON**  
With This Coupon D.C.  
**Efferdent**  
96 ct.  
**\$1.00 OFF**  
Limit 1 per coupon. One coupon per family please. Good Nov. 10, 1982 thru Nov. 16, 1982 at all Safeway Stores listed below.

# SAFEWAY

Items and prices in this ad are available November 10 through November 16, 1982 at all Safeway Stores in the counties: Solano, Napa, Sonoma, Marin, Contra Costa, Alameda, San Francisco, San Mateo, Santa Clara and Santa Cruz. \*Prices not effective in Vacaville or quantities only.



# ADVERTISING

## CLASSIFIED ADVERTISING INDEX

### ANNOUNCEMENTS

0492-appliances  
0493-alive away  
0495-misc. wanted & trades  
0500-bargain counter  
0505-building/garden supplies  
0510-boats & supplies

### EMPLOYMENT

0494-help wanted  
0495-temporary or part-time  
0496-sales help wanted  
0497-work wanted

### MERCHANDISE

0498-sound systems, Cb  
0499-musical instruments  
0500-pets & supplies  
0501-horseman's corner, livestock  
0502-market basket  
0503-carpets, drapes, home furn.  
0504-antiques  
0505-garage, rummage, yard sales;  
0506-misc. for sale

### REAL ESTATE

0500-homes for sale  
0501-alameda  
0502-albany  
0503-antioch  
0504-benicia  
0505-berkeley  
0506-concord  
0507-crocker  
0508-el cerrito  
0509-el sobrante  
0510-emeryville  
0511-fairfield/vacaville  
0512-hercules  
0513-kensington  
0514-lafayette  
0515-marina  
0516-marin  
0517-montclair  
0518-oakland  
0519-orinda  
0520-piedmont  
0521-pineville  
0522-pittsburg

### RENTALS

0523-furnished apts for rent  
0524-unfurnished apts for rent  
0525-share rentals  
0526-furnished houses for rent  
0527-unfurnished houses for rent

### TELEPHONE SALES

0528-Sales Rep.  
0529-Insurance brokerage  
0530-Willamette, HI. di-  
0531-4:30-5:30, 232-7371

### MUSICAL INSTRUMENTS

0532-WANTED:  
0533-All Musical Instruments.  
0534-724-1284  
0535-BASS GUITAR  
0536-C & L 1000, brand new.  
0537-799-7469

### BOOKKEEPER

0538-Medical, Call Deloris  
0539-233-1510 Tues, Wed,  
0540-Thurs, btwn 7-8 pm.  
0541-Call E. B. J. A.  
0542-415-848-3560

### COORDINATOR

0543-Coordinator of Volun-  
0544-tary recruitment for  
0545-community agency  
0546-servicing Japanese elder-  
0547-ly, 30 hr/wk, \$883 plus  
0548-fringe. Must have  
0549-knowledge of Japanese  
0550-American community,  
0551-California drivers li-  
0552-cense & car reg. Non-  
0553-deadline Nov. 15, 1982.  
0554-Call E. B. J. A.  
0555-415-848-3560

### DENTAL ASST.

0556-RDA for progressive N.  
0557-Berk. office. 232-3080

### DENTAL ASST.

0558-Very busy  
0559-dentist in Rich. Re-  
0560-quire dental as-  
0561-sistant with a RDA plus  
0562-polish. Top salary plus  
0563-excellent benefits. 233-6513

### FAST, accurate Typist

0564-actor's office, 48 pm (6  
0565-am-1 pm Wed.) Prefer  
0566-insur. exper. Non-  
0567-smoker. \$5 hr. 236-4060

### GENERAL OFFICE

0568-IBM sys. III & 34 expo-  
0569-sition. Must be detail  
0570-oriented. Send resume  
0571-to P.O. Box 568, El  
0572-Cerrito, Ca. 94530.

### Government Jobs

0573-Immediate openings overseas  
0574-and domestic, \$20,000 to  
0575-\$50,000. Must be U.S. citi-  
0576-zen. Call 312-220-9675, Attn. 221A.

### INDUSTRIAL Drafting

0577-Instructor (parttime).  
0578-Must qualify for Califor-  
0579-nia Vocational Education  
0580-credential. Richmond Unified  
0581-School District.  
0582-Mr. Agnelo 237-8770

### Laboratory Attendant

0583-Immediate, permanent  
0584-position to wash & steril-  
0585-ize glassware, decontami-  
0586-nate biological material.  
0587-Responsible, reliable per-  
0588-son with high school  
0589-chemistry or equivalent.  
0590-Stable work history, refs.,  
0591-& car req'd. In Oakland.  
0592-20-40 daytime hrs/wk. Call  
0593-Marsha 324-2474.

### LINGUIST TRAINEE

0594-Age 17-34. HS Grad. No  
0595-exper. required, will train.  
0596-Good pay, excel. ben-  
0597-efits. Call Color Tech.  
0598-Marketing. 10-3.  
0599-916-486-839 or 486-9871.

### NAIL specialist, full or

0600-parttime. Commission.  
0601-Lic. required. No. Berk.  
0602-325-7070; eves 372-7173.

### HAIR cut specialist, full

0603-or parttime. Commission  
0604-Lic. required. No. Berk.  
0605-325-7070; eves 372-7173.

### POLICE OFFICER

0606-TRAINEE. Age 18-34.  
0607-HS Grad. No exper. re-  
0608-quired, will train. Good  
0609-pay, excellent benefits,  
0610-education fund, 2.3, or 4  
0611-year enlistment. ARMY.  
0612-Call weekdays  
0613-10 am to 5 pm, 232-5466.

### MANAGER if you can

0614-handle people and money,  
0615-I need you. \$600 to \$1000  
0616-per wk to start if you are  
0617-good. Call Color Tech.  
0618-Marketing. 10-3.  
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0744-BASS GUITAR  
0745-C & L 1000, brand new.  
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0748-Medical, Call Deloris  
0749-233-1510 Tues, Wed,  
0750-Thurs, btwn 7-8 pm.  
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0779-am-1 pm Wed.) Prefer  
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0781-smoker. \$5 hr. 236-4060

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0790-and domestic, \$20,000 to  
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0792-zen. Call 312-220-9675, Attn. 221A.

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0794-Instructor (parttime).  
0795-Must qualify for Califor-  
0796-nia Vocational Education  
0797-credential. Richmond Unified  
0798-School District.  
0799-Mr. Agnelo 237-8770

0800-Laboratory Attendant  
0801-Immediate, permanent  
0802-position to wash & steril-  
0803-ize glassware, decontami-  
0804-nate biological material.  
0805-Responsible, reliable per-  
0806-son with high school  
0807-chemistry or equivalent.  
0808-Stable work history, refs.,  
0809-& car req'd. In Oakland.  
0810-20-40 daytime hrs/wk. Call  
0811-Marsha 324-2474.

0812-LINGUIST TRAINEE  
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\$400./ 2 bdrm \$550.  
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ALB./E C. 1 bdrm. \$385-







# Sports

## Jim Bloomer: EC's top-rated distance runner

By STEVE TADY

For a guy who doesn't care that much for the sport, El Cerrito's Jim Bloomer is awfully good at running cross-country.

A track star at El Cerrito, Bloomer wasn't too good at cross-country last year, but he has quietly turned into one of the top cross-country runners in the area this year. He will be leading his Gaucho team into the North Coast Section 3A Championship Meet this Saturday at Heather Farms in Walnut Creek.

And if he has any kind of day like the one he had at the RBAL Championships last week, the rest of the runners may as well decide on who will be given second and go home.

Bloomer stormed through the 2.6-mile course at Berkeley's Tilden Park in 13:29, leaving his closest competitor 27 seconds behind. Winning a race by maybe 50 yards is impressive enough, but when you win by almost half a minute, the competition gets humiliated.

In the upcoming 3A meet, he will get his stiffest test of the year.

"I'm going to go for it. College Park has Jim Chaney and Granada has a guy named Dave Basinger, but unless I fall asleep, I should finish in the top three. There are a bunch of guys who could pop a good one, it won't be too easy," said Bloomer.

Bloomer went out for cross-country last year, but he had a bad year. He readily admits he likes track better and hopes to make the State Meet in the mile. "I knew I could be good at cross-country, but I was not ready mentally. I was growing. I was beating myself," he said.

His coach, Paul Williams, sees a major difference in this year's version of Bloomer. "He is much more consistent. He came into the season in pretty good shape. Last year, he had such a problem keeping in a race mentally. I think he is more able to keep a focus on the leaders," said Williams.

Last weekend, Bloomer entered the Robert Louis Stevenson Invitational in Carmel and came in fourth despite a bout with migraine headaches that plagues him once or twice a year. "Yeah, it's a hereditary thing. Sometimes, it affects my training, but it's not a problem," he said.

Most people consider migraine headaches a problem, but Bloomer has apparently dealt with it, and now wants to deal with the finer things in life, like getting to the State Meet and running the mile.

"I've always liked track the best. I really want to go to the State Meet. I did four minutes in the 1500 a while ago. That works out to about a 4:19 mile. My best is 4:22 and I figure I'll need about a 4:15 or a 4:12 to make the State Meet," he said.

And after the cross-country season is over, the best part of the year comes for long distance runners. "I get to lounge around for a couple of weeks. Everyone takes off a couple of weeks. But then I start getting ready for track," he said.

Bloomer played baseball for eight years in the early part of his life and then one day while running around the school yard in sixth grade, he discovered that he was good at running. "I was too small for football and I ran pretty good when the teachers made us go around the yard. Besides, I didn't like how long baseball practice took. Practice is a lot shorter now, but it sure hurts more," said Bloomer.

And if he can hurt just enough, he will be leading the pack at the 3A Meet this Saturday. Then, if he can hurt even more, Jim Bloomer may just end up in the State Meet running the mile for El Cerrito High.

### PUBLIC NOTICE

LEGAL NOTICE A-103760  
NOTICE OF TRUSTEE'S SALE  
T.S. No. 178271  
NOTICE  
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED MARCH 09, 1981, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.  
On December 8, 1982, at 1:00 P.M., AMERICAN SECURITIES COMPANY, as duly appointed Trustee under and pursuant to Deed of Trust recorded MARCH 16, 1982, as Instrument No. 81-039897, of Official Records in the office of the County Recorder of Alameda County, State of CALIFORNIA. Executed by Pepito M. Zamboanga, A Married Man, Will SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) On the

### PUBLIC NOTICE

LEGAL NOTICE A-103763  
NOTICE  
NOTICE IS HEREBY GIVEN, that the City Council of the City of Albany has scheduled a public hearing on MONDAY, NOVEMBER 22, 1982, at 6:00 p.m., or as soon thereafter, in the Council Chambers, 1000 San Pablo Avenue, Albany, to discuss:  
Assembly Bill 2740 - The Tucker Bill. This new legislation allows the City to give up its Admission Tax at Golden Gate Fields and accept a percentage of the parimutuel pool. If the City accepts a percentage of the parimutuel pool, it loses an element of local control but received \$136,000.00 in additional revenue.  
Persons interested and desiring to be heard shall be present at the time and place above mentioned, or communicate in writing to the City Council prior to the meeting. THIS NOTICE IS GIVEN PURSUANT TO THE DIRECTIONS OF THE ALBANY CITY COUNCIL. JACQUELINE L. BUCHOLZ, CITY CLERK  
A-1668-November 10, 1982

### PUBLIC NOTICE

steps of the entrance to the county courthouse, 1225 Fallon Street, Oakland, California all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:  
Lots 31 and 32, Block 7, Map of Plat of Cerrito Hill, filed May 13, 1909, Map Book 24, page 70, Alameda County Records.  
The street address and other common designation, if any, of the Real property described above is purported to be:  
821 HILLSIDE AVENUE  
ALBANY, CA 94706  
The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein.  
Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.  
The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$10,557.61.  
The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.  
Date: October 29, 1982  
AMERICAN SECURITIES COMPANY  
as said Trustee,  
P.O. Box 3586,  
Santa Rosa, CA 95402  
(707) 546-3310 Ext. 5252  
By BETH L. PAVLENKOV,  
Assistant Secretary  
No. 30125  
A-1668-November 10, 17, 24, 1982

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THEM ALL!

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**\$27<sup>12</sup>**

Size: 155SR12  
Plus: 1.41 F.E.T.

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155SR12	30.12	1.41	165SR15	39.34	1.85
145SR13	30.64	1.24	175/70SR13	40.93	1.86
155SR13	32.58	1.50	185/70SR13	42.55	1.83
165SR13	35.85	1.62	175/70SR14	38.87	1.76
175SR13	38.23	1.76	185/70SR14	48.13	1.94
165SR14	37.16	1.80	195/70HR14	53.47	2.14
175SR14	40.34	1.89	205/70HR14	55.08	2.40
185SR14	46.30	2.02			

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P185/80R13	40.55	1.78	P175/80R14	49.81	2.22
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P195/75R14	46.94	2.06	P235/75R15	57.89	2.89

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BERKELEY	2625 SAN PABLO AVE.	843-9633	OAKLAND AT	9801 EAST 14th ST.
CONCORD	3572 CLAYTON RD.	676-0900	PITTSBURG	1315 BAYVIEW
DAVIS	1513 FIFTH ST.	753-7900	PLEASANT HILL	2378 CONCORD CIRCLE
DUBLIN	7121 DUBLIN BLVD.	829-1950	PLEASANTON	3688A WASHINGTON ST.
FAIRFIELD	1129 N. TEXAS ST.	429-2677		(OFF STANLEY BLVD. & CALIFORNIA)
FREMONT	420 MOWRY AVE.	797-4510	RICHMOND	12952 SAN PABLO AVE.
HAYWARD	263 WEST "A" ST.	786-3770	SAN LEANDRO	2201 WASHINGTON
LAFAYETTE	3608 MT. DIABLO BLVD.	283-2258	STOCKTON AT	1546 PACIFIC AVE.
LODI	302 NO. CHEROKEE LN.	368-8851	STOCKTON AT	48 E. CHAMBERLAIN
MANTECA	810 E. YOSEMITE AVE.	239-9591	TRACY	940 CENTRAL ST.
MARTINEZ	2425 PACHECO BLVD.	228-6908	VACAVILLE	1130 MONTE VISTA DR.
			VALLEJO	3200 SONOMA BLVD.



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